

# THE MOCA MOTION



**MILLICAN-OGDEN  
COMMUNITY ASSOCIATION**

## MOCA's Online Presence

Did you know...MOCA is online?  
For up to date information on various "things" happening in the neighbourhood, follow us on:



- **Facebook- MOCA Business Page** (operated by MOCA Staff)- community events, news, programming:  
<https://www.facebook.com/MillicaOgdenCA/>

- **Facebook- Community Watch Group** (operated by volunteers)- thefts, graffiti, lost pets:  
<https://www.facebook.com/groups/875973139234329/>

- **Facebook- People of Ogden** (operated by the residents)- social interaction with neighbors, history, etc:  
<https://www.facebook.com/groups/2286762163/>



- **Twitter- MOCA Business Page** (operated by MOCA Staff)- community events, news, programming:  
<https://twitter.com/MillicanOgdenCA>



- **MOCA website-** programming, rentals, newsletters, photos, etc:  
[www.millicanogdencommunity.com](http://www.millicanogdencommunity.com)

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## DATES MOCA OFFICE IS CLOSED:

July 1, 2019  
August 5, 2019  
September 2, 2019





School clean up 2019

## MOCA INFORMATION

6901 20A Street SE Calgary  
 T: 403-279-3973 E:  
[rentals@millicanogdencommunity.com](mailto:rentals@millicanogdencommunity.com)  
[www.millicanogdencommunity.com](http://www.millicanogdencommunity.com)  
 Office Hours: Monday to Friday 1-4pm

### BOARD OF DIRECTORS

President	Rick Smith
1st Vice President	John McDonald
2nd Vice President	Ray Jasper
Treasurer	Pieter van Lindenberg
Secretary	Sarah Atkinson
Human Resources	Lorraine Robinson, Ray Jasper, Angela Cruickshank, John McDonald
SEC CRC Liaison	Deanna Wylie
Civic Affairs	Ray Jasper
Facilities	Jim Logan Pieter van Lindenberg

### FACILITIES

MOCA Main office:  
 Rentals, Memberships, volunteering  
 6901 20A Street SE  
 403-279-3973

Jack Setter Arena  
 2086 69 Avenue SE  
 403-236-3727

SE Calgary Community Resource Centre  
 2734 76 Avenue SE  
 403-720-3322



# PRESIDENT'S REPORT

Written by Rick Smith

With summer break approaching, I thought this was a good time to update you on the many issues and projects that remain outstanding. We are extremely hopeful that the repairs to the roof structure of Jack Setters Arena will start in early July. It has been a frustrating experience dealing with the City as there always seems to be another delay. As I write this report, the most recent update from the City is the tendering process is complete and the successful contractor should be selected by June 28. In addition, the parts and materials required for the repair unfortunately needed to be manufactured and are now expected to be delivered by June 28, which means that the actual work will not begin until at least July assuming that the contractor can start right away, and at that point we will be into the 8th month from the time the City took control of the arena. We have continued to express our concerns with the lack of progress but the City Project Manager continues to assure us that the building will be available to be turned over to us as the operator by early August.

Based on what we have been told several times by the City Project Manager, we have assured our customers, the arena user groups, that their ice times will be available to them for the 2019-2020 season and we have sent them their ice rental contracts. This will allow each of them to prepare their game and practice schedules, which is important for each of them. We continue to remain concerned as our window is getting smaller with each delay as one critical piece outstanding is that we must find, hire, and train the required staff who would be qualified to operate the arena. We will continue to press the City to complete this project so we can return to our normal business operations and we can all put this matter behind us.

We had hoped to have started the construction of our Community Hall expansion project by now, but for a variety of reasons, we keep running into barricades. Most recently is that we have had to change the mechanical engineer which of course creates a delay and this is a critical piece to the process.

**President report continued on page 3...**

## PRESIDENT'S REPORT- CONTINUED FROM PAGE 2

In addition, the entire tendering process has had to be redone because of the project has been delayed so long. Because this work is being done on City land, we are scrutinized more thoroughly by the City through the approval process, and that is understandable to some degree, but the pace has been frustratingly slow. We remain hopeful that we will see some progress by late summer or early fall but we are also concerned that with time marching on, that we could lose another construction season.

We have had a few inquiries and I have seen some comments in social media about the flower pots that have now been removed from 18th Street across from the Safeway Plaza. They certainly did look good and really enhanced the entranceway to the community, but they were only there for short two year period. These flower pots were part of the City's "This is My Neighbourhood Program". Back in 2016, Millican Ogden Lynnwood was selected by the City to be one of the communities to be a participant in the program which essentially is a community improvement program. A small committee was formed to review a variety of suggested projects and select those that were appropriate and that would enhance the neighbourhood. A couple of public art projects are now underway including the chain link fence artwork along 72nd Avenue east of 20 A Street, and the painting of the garbage containers in the local City parks, and you should see that work progressing now. Unfortunately our time with the flower pots has run out and they are now located in another community, and so to answer the question, no we cannot get them back, and there are many reasons why we cannot purchase our own and place them on the City boulevard on 18th Street.

We have continued to be hopeful that the now reclaimed open space near Lynnview Ridge would be open by now but apparently the new growth has not yet reached the point where City Parks can accept the open space into their inventory. We have seen some work with the installation of the post and cable fence which is encouraging, but the exterior fence cannot be removed until the City signs off on the site.

And again, I want to mention about the potential for disruption from the construction that is now beginning on the diversion track next to the main C P Rail line. This diversion track will be required in advance of the construction of the 78th Avenue Underpass and road improvements. The details have been explained in previous newsletters but if anyone has any questions please do not hesitate to send me a message, or contact me through the MOCA Admin Office.

As a reminder, May 31 is the date when MOCA memberships expire. Purchasing a membership does not commit anyone to any volunteer responsibilities, but it does in some small way, show an element of support for good work done by the Board, the volunteers, and of course the staff, for the management of MOCA's facilities, the programs that are offered, and for representing the community on the many quality of life issues that present themselves. MOCA memberships are inexpensive, allow you to vote particularly at the Annual General Meetings where your vote really counts, and allows you to benefit through a membership discount with a few local businesses. If you have a membership now, please renew it. If you would like to purchase a membership, applications are available in this newsletter, on our website, or at the MOCA office. Your support is appreciated.

And of course, if you are planning a social event, ie, for your family, or business, or organization, please give some thought to renting the MOCA Hall, - main hall upper floor, or the lower level room. We would appreciate your business. And by the way, if we are able to start the construction of the hall expansion, we intend for the hall to remain open for business with the least amount of interruption.

As always, if you have questions or concerns that you would like to direct to me, please either call into the MOCA office, or send me an e-mail at [president@millicanogdencommunity.com](mailto:president@millicanogdencommunity.com).

This is the last newsletter for the summer months as we take a short break. The next newsletter will be September and the next MOCA General Meeting will be Tuesday September 3. The business of MOCA will continue however and the MOCA admin office will remain open.

On behalf of all of us at MOCA, we hope you have an enjoyable and safe summer !!  
Best wishes  
Rick Smith , MOCA President

# Stampede Breakfasts

**FREE STAMPEDE  
BREAKFAST**

At: 2102 69 Ave SE

**JULY 11, 9:30 - 11:30 am**

**EVERYONE IS WELCOME**



Organized by the MOCA and Ogden House Seniors

**HOPE**  
in Jesus...  
our soul's anchor  
RMCC  
**STAMPEDE BBQ**

Bring  
**HOPE**  
to light

**Sunday, July 7th**  
Outdoor Service & BBQ

**Everyone is welcome!**

10:00 am Coffee is on!

10:30 am Pre-Service Concert  
Kid Zone

11:00 am Outdoor Service | Kid's  
Service | BBQ | Bouncers

**FREE  
FOOD!**

 **Rocky Mountain  
Calvary Chapel**  
8241 - 31 Street SE Calgary  
www.calvarychapel.ca | (403) 276-9673

# MONTHLY MEETING

Be Connected. Be Heard. Be Informed.

## UPCOMING MOCA GENERAL MEETINGS

MOCA Upper Hall @ 7 pm

Everyone Welcome!

**September 3, 2019**

*There is no meetings July or August*

**\*\*Snacks & beverages available**



# WELCOME

## OGDEN 50+ ACTIVITY CENTRE

Written by Erika Rodriguez

Ogden House 50+ Activity Centre  
 Everyone is welcome!  
 Retired or not, there is a  
 program or activity for your life  
 and schedule. Call or Drop By

2102 69 Ave SE Calgary  
 T: 403-279-2003 ext 2  
 E: erika@ogden50plus.org  
 www.ogden50plus.org

### AT OGDEN HOUSE SENIORS WE ARE WAITING FOR YOU

#### DAILY ACTIVITIES AT OGDEN HOUSE

- **Quilting on Monday** at 9:00am & 1:00 pm
- **Games Night** on Monday at 7:00—9:00 pm
- **Crafts** on Tuesday and Thursday at 1:00 pm
- **Pool** on Tuesday at 1:00 pm Men's; Wednesday & Friday at 1:00 pm Women's
- **Pot Luck Lunch** Wednesday at 12:00 noon (Cost \$3.00 or bring 2 sandwiches)
- **Carpet Bowling** on Wednesday at 1:00 pm
- **Social Dancing** on Thursday from 3:00 to 4:00 pm
- **Spanish Lessons:** Wednesday from 4– 5 pm for Intermediate level. Beginners 3-4 pm
- **Fit to Age:** Wednesday from 7-8 pm and Friday's at 9:00 am
- **Oil Painting** on Tuesday at 9:30 am. \$15.00 (10 sessions)
- **Move and Mingle** is not run by Ogden House. You must apply through the City of Calgary with Rene at 403.955-1550 (Tuesday and Thursday at 11:00 am).
- **Golf:** Monday 9:30

\* Our outreach program "**Filling the Gap**" address the needs of isolated low-income seniors in the Ogden community. The program offers services designed to reduce social isolation, connect seniors to supports and resources.

#### UPCOMING EVENTS FOR JULY:

**MOCA & OGDEN HOUSE invite you to our Free Stampede Breakfast:**  
 July 11 from 9:30 am to 11:30 am. Enjoy delicious pancakes, live entertainment and lots of fun. Everyone is welcome.





MILLICAN-OGDEN  
COMMUNITY ASSOCIATION

**BOOK YOUR NEXT EVENT HERE**

## UPPER HALL

Capacity 150 (banquet style)

- Prep Kitchen
- Wheelchair accessible
- 15 8' Tables, 150 Chairs

Booking Fee: \$50/hr ( min. 2 hr)

Weekend Pkg \$750



## LOWER HALL

Capacity 100

- Flat screen TVs
- Shuffle Board
- Pool Tables
- Dart Boards

Booking Fee: \$40/ hr (min 2 hrs)  
plus bartenders

## BOARDROOM

Capacity 10

- Conference table
- Screen & Projector
- White Board
- Keurig, Small Fridge, Microwave

Booking Fee: 30/hr (min. 2 hrs)



## Additional Rentals:

- PA/ Sound System \$150
- Screen/ Projector \$ 25
- Mini PA System \$50

6901 20A Street SE, Calgary AB T2C 0R5, [rentals@millicanogdencommunity.com](mailto:rentals@millicanogdencommunity.com)




## The Summer Youth Passport is back!

Youth ages 12–17 can enjoy unlimited drop-in swimming, skating, climbing, sport and fitness activities at recreation facilities across Calgary from July 1 to August 31 with the Summer Youth Passport. Summer Youth Passports are on sale now at all participating City and partner facilities. Visit [calgary.ca/youth-passport](http://calgary.ca/youth-passport) for details.

### When it roars, stay indoors

Summer is a wonderful time of year to spend time outside under the warm sun, but it's also the most active storm season in Calgary. While storms can be mesmerizing and exciting, they can also be very dangerous.

“Calgary is prone to strong and sometimes dangerous summer storms,” says Tom Sampson, Chief of the Calgary Emergency Management Agency. “Keep yourself, your family and your property safe during a summer storm by signing up for emergency alerts, making an emergency plan, and having a 72-hour kit.”

In addition to thunder, lightning, rain, and wind, summer storms often bring hail which can damage houses and cars and cause injuries. Protect your home and property by parking under shelter, secure items that might blow away, and remove weak branches and trees.

Public weather alerts for Alberta and Alberta Emergency Alerts let the public know when a strong storm is coming. A “severe weather watch” means the conditions favour a certain type of hazardous weather, and a “severe weather warning”, means that the weather event will happen in the next 30 minutes.

The best place to be during a storm is in an enclosed building or hard topped vehicle. Stay away from high ground, isolated trees or telephone poles, picnic shelters and open spaces, to avoid being hit by lightning. Keep yourself and your pets inside until the storm has passed.

Learn more about disaster risk in Calgary and how you can prepare by visiting [calgary.ca/getready](http://calgary.ca/getready).

### A beautiful low-maintenance yard and conserving water go hand-in-hand.

During the summer, your water use can jump by 30 to 40 per cent because of outdoor watering activities. This increased demand places a strain on our rivers and treatment plants. Save water, money and time by adopting a few simple water saving tips.

Watch your weather forecast to determine if you should water or not. Adjust your watering schedule accordingly and skip watering when it has rained or is forecast to rain.

The best time to water is early in the morning. Avoid watering in the heat of the day (10 a.m. to 3 p.m.).

An easy way to water in the morning is to add a timer to your sprinkler or set your irrigation system.

Capture free rain water in a rain barrel and use it on your trees, shrubs and flower beds.

Use the right watering tool for the job. Unlike sprinklers, tools such as a soaker hose, drip irrigation and a watering can, direct water where it is needed most – to the plant roots.

Reduce mowing and watering by keeping your lawn at least 2 or 3 inches high. Taller grass shades the soil meaning it requires less water and stays healthier.

Visit [calgary.ca/waterguide](http://calgary.ca/waterguide) for more programs, tips and tools for creating a water efficient home and yard.

### Free outdoor activities for everyone this summer!

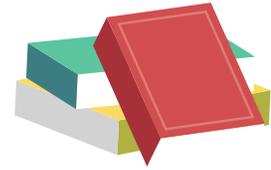
If you're looking for something to do with your family or friends, or a fun new activity for your child, check out the free events and programs happening in a community near you this summer!

- Kids play programs, like Park n' Play or Stay n' Play and Mobile Adventure Playgrounds.
- Leadership programs, like LEAD youth programs or Zone Up basketball leadership.
- Sport programs, like skateboarding at Community Mobile Skateparks.
- Arts and Culture programs, like Music in the Park or Lawn Chair Theatre.
- Indoor and outdoor fitness programs, like Outdoor Pure Cycle.
- Drop in nature programs, like Wetland Bug Safari and Wild for Water.

To find schedules and locations for these free programs and many, many more, visit [calgary.ca/free](http://calgary.ca/free).



CALGARY  
PUBLIC  
LIBRARY



Quarry Park (YMCA)  
108 Quarry Park Rd  
Calgary, AB T2C 3E7  
T: (403) 260-2600



### Ultimate Summer Challenge Is On

Calgary Public Library's summer program for families, kids, and teens is back. Find free programs, events, performances, and installations at libraries across the city. Plus, everyone registered for Ultimate Summer Challenge at [calgarylibrary.ca/summer](http://calgarylibrary.ca/summer) has a chance to win awesome prizes, including iPads and Chromebooks. Kids can also record reading, listening, and Library time on a Challenge Map. Pick up your Challenge Map and the Summer Kids Guide at your local Library to see all that's on offer this summer. See you at the Library!

### Six New Skills You Can Learn with Lynda

Lynda is a free eResource you can use to learn something new or expand your existing skillset. Access courses covering topics such as marketing, photography, filmmaking, art, animation, and web development. Watch our new eResources video at [calgarylibrary.ca](http://calgarylibrary.ca) and meet Sola, a project management professional who loves Lynda – then discover six new skills you can learn. Not a Library member? Sign up for free at [calgarylibrary.ca/card](http://calgarylibrary.ca/card) or visit any Library location.

### Find Your Next Summer Read

Take advantage of every last ounce of daylight by curling up with awesome summer titles that are sure to keep you reading late into the night. Head to [calgarylibrary.ca/summer-reads](http://calgarylibrary.ca/summer-reads) to find summer book picks for adults from Library staff. These titles pair perfectly with patios, hammocks, and evenings spent barefoot in the grass. Looking for book recommendations for kids or teens? Visit [calgarylibrary.ca/kids](http://calgarylibrary.ca/kids) or [calgarylibrary.ca/teens](http://calgarylibrary.ca/teens). Happy reading!

*"There is no friend as  
loyal as a book."*  
— Ernest Hemingway





FEDERATION OF  
CALGARY COMMUNITIES

## Federation of Calgary Communities

720 28 St NE #110

Calgary, AB T2A 6R3

T: (403) 244-4111



### A message from the Federation of Calgary Communities

#### Summer Festival Safety Tips

Calgary has a ton of entertaining, creative and crowded summer festivals, events and rodeos. With all the fun and excitement, it's important to remain safe and aware of your surroundings when you and your family take part in all the summer festivities.

Here's a few tips for the summer:

1. Stay hydrated, wear a hat and apply proper sunscreen. If you begin to feel tired and show signs of muscle fatigue take a break in the shade and get some water. Personal battery-operated fans, umbrellas and sliced watermelons are great ways to keep your body comfortable.
2. Be prepared for various degrees of weather. Pack and bring suitable clothing like a raincoat, just in case. Take cover inside or under any form of a secure shelter in case of a thunderstorm.
3. Many of the venues you will attend will have food, so ensure that with cold food products that they are stored in cooler areas and not left in the heat before purchase. With hot foods, ensure that they are eaten shortly after being cooked this can reduce bacteria. A healthy diet will keep you energized throughout your time.

*"There is immense power when a group  
of people with similar interests gets  
together to work toward the same goals."*

— Idowu Koyenikan, *Wealth for All: Living a Life of Success at the Edge of Your Ability*

# COMMUNITY DIRECTORY

## PROGRAMS

- Blackfoot Hockey 403-640-9113
- Dance Fit Fun 587-229-0121
- Girl Guides 403-283-8348
- Scouts 403-279-3960
- Panthers Tae Kwan Do 403-606-2231
- Wildrose Figure Skating 403-828-4777
- WRC Soccer 403-271-8044

## SCHOOLS

- Banting & Best Elementary (K-3) 403-777-8650
  - St. Bernadette (K-6) 403-500-2020
  - Sherwood (4-9) 403-777-7590
  - Almadina Charter School 403-543-5070
  - Happy Days Preschool 403-236-1268
- ## MEDICAL
- Ogden Medical Clinic 403-879-9345
  - Lynnwood Medical Clinic 403-279-3311
  - Momentum Health 403-236-0106
  - Lynnwood Physio 403-454-1331

## COMMUNITY RESOURCES

- Calgary Police Services 403-428-6600
- Calgary Public Library 403-260-2600
- Calgary Airport Authority 403-735-1408
- Ward 9- Councillor Carra 403-268-5330
- MLA- Joe Ceci 403-216-5454
- SE Caglary Community Resource Centre 403-720-3322
- Silvera for Seniors 403-276-5541

## PLACES OF WORSHIP

- St Bernadette Church 403-236-2979
- The Neighborhood Church 403-264-0598
- Avenue Church 403-279-3663
- Ogden United Church 403-279-4824
- Riverview Christian Church 403-279-6334
- St. Augustine's Anglican Church 403-279-3105
- The Refuge info@myrefuge.ca



## St. Bernadette School

**The new school year will be hear quickly!** St. Bernadette School is now accepting new registrations for grades K-6. At **St. Bernadette School** our students experience a faith based education with an enriched curriculum including offsite fine arts and athletic opportunities. Come see we're the school for you! The school office opens Wednesday August 21st, 2019. Call 403.500.2020 or visit the office at 55 Lynnndale Cr. SE for registration information. **Come learn with us!**



**MILLICAN - OGDEN  
COMMUNITY ASSOCIATION**

**COMMUNITY MEMBERSHIP FORM**

6901 20 A Street SE Calgary, AB T2C 0R5  
403-279-3973 [www.millicanogdencommunity.com](http://www.millicanogdencommunity.com)  
Facebook: [www.facebook.com/millicaogdenca](http://www.facebook.com/millicaogdenca)

CARD # \_\_\_\_\_ Valid: \_\_\_\_\_ to May 31/ \_\_\_\_\_

Name (Please Print): \_\_\_\_\_ Ph.#: \_\_\_\_\_ Cell#: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Consent to receive emails Email: \_\_\_\_\_

Name of children: (Please include surname if different from above)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Would you like to be contacted for Volunteer Activities?

Yes

No

**Membership Type:**

- Family \$ 25.00
- Couple \$ 20.00
- Single \$ 16.00
- Senior 65+ ( Free )

**If yes, check any of the following:**

- Casino
- Civic Affairs
- Community Clean-up
- Special Events

Paid by:  Cash  Cheque (Number): \_\_\_\_\_  Debit  Master Card  Visa  Paypal

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**\*\*Memberships Expire Annually and are Non-refundable\*\***

Mail: 6901 - 20A Street SE Calgary, AB T2C 0R5 or

Drop Off: Admin Office - Business Hours Mon to Fri 1pm - 4pm After Hrs.: Drop in Admin Door Mail Slot

**Return Top Portion with Payment**

Millican Ogden Community Memberships supports the day to day operations of the community association.

Memberships offer you:

- **Facilities:** MOCA supports a terrific community hall for meetings and events as well as Jack Setters Arena
- **South East Calgary Community Resource Centre:** Direct Assistance, Youth and Social Programs, Clothing Room, Job Search, Computer Use and Volunteer Opportunities
- **Planning and Development:** Your community association influences transportation, roads, parks, playground development, and traffic issues. The City of Calgary and MOCA confer on these issues
- **Regional Committees & Initiatives:** MOCA Volunteer Board reps speak for the community on regional issues such as the Area Redevelopment Plan and major infrastructure projects
- **Resources:** Through community memberships, grants, casinos and special events, MOCA raises funds to provide programs, services and maintain community facilities
- **Quality of life:** Individuals of MOCA take pride in their community and strive to improve the quality of life for themselves and their neighbors
- **Representation:** Your membership supports Millican Ogden Community volunteers in activities that represent our best interests, ensuring the Millican Ogden Community remains a great place to live and play
- **Community Newsletter:** Keeping you up to date on issues, activities, programs and services that are happening in the Millican Ogden Community
- **Discounts:** Your memberships give you discounts
  - MOCA Hall rentals, Activities & Events
  - Ecco Recycling- one free load disposal per month showing your member card (contact for more details)
  - Stealth Alarms- receive 25% of monitoring fees
  - Cloverdale Paint- 25% on paint
  - Free Public Skating at Jack Setters Arena
  - Altadigital – 10% - 15% discount for service quotes plus discounted PC and Mac tune-ups and annual maintenance