

THE MOCA MOTION



**MILLICAN-OGDEN
COMMUNITY ASSOCIATION**

Pandemic & you

Are you taking care of yourself?

Have a routine



Structure your day and keep good habits

Take deep breaths



Breathing exercises can ease stress

Call a loved one



Lean on each other for support

Have fun



Play online with friends or start a hobby

Open windows



Sunlight can improve your mood

Help others



Get essential supplies for a neighbour

NEWSLETTER CONTENTS:

President Report	2
MOCA Info	2
FCC	4
City of Calgary	4
Community Directory	6
Business Section	7
Membership Form	9



Millican Ogden Community Centre & Jack Setter Arena is closed until further notice

2020/2021 MOCA MEMBERSHIPS NOW AVAILABLE

Zero contact membership process: there are a couple options for you to obtain your MOCA membership card with zero contact.

1. Digital membership card - fill out the form on our website and pay via PayPal. Be sure to include your email address and consent, then a digital card will be email to you for your convenient use on your cell phone
2. Mail you a membership cardm - email, mail or drop off (mail slot on the MOCA office door) your form and payment, then our staff will process and mail you a new membership card.

More information or to purchase/renew:

<https://www.millicanogdencommunity.com/index.php/about/memberships/>

Find us on

- Facebook: @MillicanOgdenCA
- Twitter: @MillicanOgdenCA
- Instagram: @MillicanOgdenCA



MOCA INFORMATION

6901 20A Street SE Calgary
 T: 403-279-3973 E:
rentals@millicanogdencommunity.com
www.millicanogdencommunity.com
 Office Hours: Monday to Friday 1-4pm

BOARD OF DIRECTORS

President	Rick Smith
1st Vice President	John McDonald
2nd Vice President	Ray Jasper
Treasurer	Pieter van Lindenberg
Secretary	Sarah Atkinson
Human Resources	Lorraine Robinson Ray Jasper Angela Cruickshank
SEC CRC Liaison	Lorraine Robinson
Civic Affairs	Ray Jasper
Facilities	Jim Logan Pieter van Lindenberg

FACILITIES

MOCA Main office:
 Rentals, Memberships, Volunteering
 6901 20A Street SE
 403-279-3973

Jack Setter Arena
 2086 69 Avenue SE
 403-236-3727

SE Calgary Community Resource Centre
 2734 76 Avenue SE
 403-720-3322



President Report

Written by Rick Smith

We are now starting to see businesses and activities slowly start to open up as we all work through the concerns created by this COVID-19 crisis, I believe that we are all looking for some re-birth of optimism after many of us have been somewhat confined to our homes other than the rare venture out for groceries, etc. I don't mean to be a pessimist but unfortunately I don't see the new normal being anywhere even close to what we have enjoyed over the past many years. It is somewhat frightening but we all must adapt to some change.

As mentioned last month, all of MOCA's activities have been put on hold for an indefinite period of time. Most of the staff has been laid off for now with the exception of four key employees who will provide the usual administration and summer maintenance. The Community Resource Centre has also felt some impact, as they are now required to be closed to the public, but they will continue to provide telephone support to clients until they are permitted to reopen, which could be at any time. Understandably they are extremely busy right now and doing their important work. Our General Manager is working from home but MOCA can still be accessed by e-mail and we will do our best to resolve any concerns. The business of the Association will continue on a regular basis although our Board of Director meetings will be conducted via videoconference, and incredibly, some of us are now becoming more educated with technology !!.

Both the arena operations and the Community Association were closed by the Province under the Provincial State of Emergency and we have recently learned that they will be allowed to open under Stage 3 but with certain conditions and restrictions. We have been given no estimate as to time or what those restrictions might be so it is difficult to speculate as to how that would impact our actual operations when they are allowed to open. The City has relaxed on some activities that could be located in a community hall, but there is a degree of uncertainty if that activity could open in a building that has been closed under a Provincial Order.

Continue on next page...

PRESIDENT'S REPORT- CONTINUED FROM PAGE 2

MOCA's fiscal year end was May 31 so our annual year-end audit is now underway. We are now starting a new financial year but it has been extremely difficult to properly prepare our operating budget for the upcoming fiscal year as we have no idea what our revenues will be, but we do know that there will be certain fixed operating costs that will continue. Luckily we have well experienced people on the Board and on our staff so the Association is being managed very responsibly.

Unfortunately there really isn't much more to write about. We did receive some information from the City that Enmax is proceeding with some Green Line related utility work along Ogden Road over the next several weeks, and some of that is well underway. Other projects could possibly start later in the year but we have no indication of which ones or a timeline. The City has also been blindsided by this COVID -19 event, and they are desperately trying to prioritize their attention in the right areas. Most City staff are also working from home and that presents its own challenges and does tend to slow things up generally.

Over the past few weeks I have participated in a few video conferences that would normally have been held through a public engagement process. The subjects were the upcoming decision on the Green Line, and updates on Calgary's Emergency Management Agency [CEMA] related to community associations and sports facilities. I have a feeling that these video presentations are going to part of the new normal in the future, relating to the City's Public Engagement process.

Again, we will continue to keep residents informed through this newsletter which is now only available by e-mail or online, or by the website or social media, but if anyone has any questions about specific community issues, or if you would like to receive this newsletter by e-mail, we invite you to contact our MOCA administration office by e-mail, or, contact myself at the e-mail address shown below.

As always, if you have questions or concerns that you would like to direct to me, please either call into the MOCA office, or send me an e-mail at president@millicanogdencommunity.com.

Stay home, stay safe and stay healthy, and try to stay busy!

Rick Smith, MOCA President



CONTEST TIME!



Find the smiley faces in this newsletter. Email events@millicanogdencommunity.com with how many and where you found them for a prize!!
this smiley face does not count

DID YOU KNOW...

MOCA has a webpage with COVID-19 resources? On this page you'll discover where you can get help with food, employment, government links, activities, mental health and even tour museums across the world from your home!
Go to our website: <https://www.millicanogdencommunity.com/index.php/covid-19-resources/>



A MESSAGE FROM MOCA CIVIC AFFAIRS COMMITTEE

If you have been issued a notice for a dilapidated vehicle located on your property and it is in full public view then it must be repaired or removed from the property entirely. There are also some additional solutions, if you are working on the vehicle and removing it is not an option then it can be placed in the garage if you have one or placed in a temporary Portable/Instant Garage Structure, tarping of the vehicle is not permitted. Send an email to: rentals@millicanogdencommunity.com
****Note in your email - Attention MOCA Civic Affairs committee****

Derelict/inoperable/ dilapidated vehicles come under section 8 (3) (d) of the City of Calgary Community Standards Bylaw below.

A "dilapidated vehicle" means a vehicle that is:

- (a) incapable of being safely operated;
- (b) partially or fully dismantled; or
- (c) substantially damaged

Accumulation of Materials
8. (3) No owner or occupier of a Premises shall allow the following to accumulate on the Premises such that the accumulation is visible to a Person viewing from outside the property:

(d) Automobile Parts: Automobile Parts* includes, but is not limited to, any vehicle part or collection of vehicle parts, or one or more vehicles that are dilapidated, derelict or not in operable condition;



Personal Safety While Walking

A message from the Federation of Calgary Communities

Walking is a great way to stay active and get to know your community! While out walking, keep these safety tips in mind:

- Practice safe physical distancing by staying at least 2 metres—roughly the length of an average bicycle, tire to tire—from others you encounter on your walk. Follow all suggestions and restrictions put forward by the City of Calgary
- Tell someone where you are going, which route you are taking, and when you will be back.
- Be aware of your surroundings. Notice everything that goes on near you and particularly in front of you. The earlier you notice a possible problem the greater chance you have of dealing with it.
- Listen to your instincts. Something that does not look or seem right will probably cause a problem – so if you notice something like this, move yourself away from it as quickly as possible.
- Walk facing the traffic.
- Walk near the curb unless cars are parked in the street. Stay away from shrubbery, darkened doorways, and alleys where an assailant can be hiding.
- Never assume parked cars are empty.
- Avoid using headphones - you might not hear trouble approaching. If you use headphones, it is recommended that you keep the volume low enough to allow you to hear anyone approaching as well as any traffic coming in your direction.
- Be wary of casual requests from strangers (someone asking for directions, a cigarette or change - they could have ulterior motives).
- Be alert. Look over your shoulder once in a while.
- Never accept rides with strangers.
- If you carry a purse, briefcase, or bag, keep a tight grip on it so no one can steal it.
- Enjoy your walk, but always remain aware of your surroundings!



COVID-19 municipal property tax relief information

Did you know by paying your property tax on or before June 30 you're helping Calgarians through the COVID-19 pandemic? Citizens and businesses able pay their property tax by the due date are supporting essential City services, including Police, Emergency Services and transit.

For property owners facing financial hardship due to COVID-19, City Council approved two municipal property tax relief measures to provide added flexibility:

Tax payment deadline extended to September 30. The tax payment deadline for 2020 property tax has been extended from June 30 to September 30 without a 7% late payment penalty, providing flexibility during these difficult times. A penalty of 7% will be added to any unpaid balance on October 1.

Budget wisely, join TIPP filing fee-free. The Tax Instalment Payment Plan (TIPP) filing fee has been suspended for 2020. Join TIPP to make budgeting easier or cancel TIPP to increase your immediate cash flow.

To learn about joining or changing TIPP before or after Sept 30 please visit calgary.ca/TIPP.

Learn more about these municipal property tax relief measures by visiting calgary.ca/propertytax.

Neighbour Day 2020 – we're celebrating a little differently this year

The City of Calgary is celebrating Neighbour Day a little differently this year.

Neighbour Day began in 2014 to celebrate the incredible outpouring of support and generosity neighbours demonstrated after the 2013 floods. It has evolved into an annual celebration of what makes Calgary such a great city – our strong and caring communities. In light of the COVID-19 pandemic, it is more important than ever that Calgarians connect with our neighbours and support one another, but from a safe physical distance.

Visit calgary.ca/NeighbourDay to learn how you can get involved in this year's celebrations.



Continued from page 4

Yard Smart

Calgary is a big city on two small rivers that are impacted by a growing population and a changing climate. During the summer, your water use can jump by 30-40 per cent because of outdoor watering activities. This increased demand places a strain on our rivers and treatment plants.

A beautiful yard that thrives in Calgary's climate and conserving water go hand-in-hand. Save water, money and time by adopting a few simple YardSmart tips:

- Having a good depth of quality soil ensures your plants can access more water. A layer of at least six to eight inches of good quality soil is recommended.
- Adding compost to your soil is the best way to improve it.
- Choose plants that thrive in Calgary's climate. For Calgary, choose plants labelled Hardiness Zone 2 or 3.
- Add pollinator-friendly plants to your garden. Flowering plants and agricultural crops rely on pollinators, such as bees. Invite these powerhouses into your yard by planting a variety of white, yellow, blue and purple native flowers that bloom in all seasons. Avoid pesticides because they can't discriminate between pests and beneficial insects.
- Capture free rain water in a rain barrel and use it on your trees, shrubs and flower beds.
- Reduce mowing and watering by keeping your lawn at least 2 or 3 inches high. Taller grass shades the soil meaning it requires less water and stays healthier.

Visit calgary.ca/YardSmart for more tips and tools and to download our YardSmart plant guide.



Responsible Pet Ownership Bylaw Review

The City of Calgary is reviewing the Responsible Pet Ownership Bylaw to better understand how it reflects community values and meets the needs of Calgarians. The goal is to have a bylaw that will adapt to the changing trends in society and that will improve public safety and livability.

In the first phase of the public engagement process, Calgarians were asked to share their thoughts on what is and isn't working with the current regulations. They were also given the opportunity to provide input on other things that should be included in the Bylaw. Feedback collected in phase one is being used to develop potential amendments to the Responsible Pet Ownership Bylaw.

In the second phase, the City of Calgary is seeking your feedback on these potential amendments. Visit calgary.ca/petbylaw to stay informed and get updates.

Neighbours helping Neighbours: commit to three acts of kindness

In light of the COVID-19 pandemic, social connectivity, mental health and community wellness are more important than ever. Calgarians are renowned for their acts of generosity during times of uncertainty, but sometimes, it can be difficult to know exactly how to help.

The City of Calgary is encouraging citizens to commit to three simple acts of kindness to support your neighbours, your community and the city. Visit calgary.ca/HelpingOthers to find ideas, volunteer opportunities, printable tools and resources, and other ways to give.

Be sure to share your acts of kindness on social media and to take part in these community-led movements that are gaining popularity for their positivity:

#3Things4Neighbours, #AlbertaCares, #SupportLocalYYC and #yycHubs.



COMMUNITY DIRECTORY

PROGRAMS

Blackfoot Hockey	403-640-9113
Dance Fit Fun Calgary	587-229-0121
Girl Guides	403-283-8348
77th East Glenmore Scouts	403-279-3960
Panther's Tae Kwan Do	403-606-2231
Wildrose Figure Skating Club	403-828-4777
WRC Soccer	403-271-8044

SCHOOLS

Banting & Best Elementary (K-3)	403-777-8650
St. Bernadette (K-6)	403-500-2020
Sherwood (4-9)	403-777-7590
Alamdina Charter School	403-543-5070
Happy Days Preschool	403-236-1268

PLACES OF WORSHIP

St. Bernadette Church	403-236-2979
The Neighborhood Church	403-264-0598
Avenue Church	403-279-3663
Ogden United Church	403-279-4824
Riverview Christian Church	403-279-6334
St. Augustine's Anglican Church	403-279-3105

MEDICAL

Ogden Medical Clinic	403-879-9345
Lynnwood Medical Clinic	403-279-3311
Momentum Health	403-236-0106
Lynnwood Physio	403-454-1331

COMMUNITY RESOURCES

Calgary Police Services	403-428-6600
Calgary Public Library	403-260-2600
Calgary Airport Authority	403-735-1408
Ward 9- Councillor Carra	403-268-5330
MLA- Tanya Fir	587-392-8850
MP- Tom Kmiec	587-741-7022
SE Calgary Community Resource Centre	403-720-3322
Ogden 50+ Activity Club	403-279-2003
Silvera for Seniors	403-276-5541



BUSINESS SECTION



10 CRIME
Prevention Tips For Businesses

CALGARY POLICE SERVICE

- Ensure locks, alarms and CCTV are operational
- Leave lights on inside and out
- Remove high-value items from window view
- Back up all business documentation
- Display empty cashdrawer in window view
- Track inventory and update insurance coverage
- Post emergency contact keyholder information inside the store
- When checking your business, do so during the day
- Tell your business neighbours your plan
- Report suspicious activity by calling non-emergency line 403-266-1234

ADVERTISE IN THE MOCA MOTION



Classifieds ad: \$25/issue
 Quarter page: \$40/ issue
 Half page: \$55/ issue
 Full page: \$75/ issue

**discounts for multiple issues*

***above discounted pricing for*

Millican/Ogden/Lynnwood businesses

For more information email:

Kaylynn Miller General Manager
generalmanager@millicanogdencommunity.com



BUSINESS SECTION



Colleen & Corinne

Calgary's Mother/Daughter Real Estate Team

"Colleen and Corinne are two of the most honest, hardworking, loyal Realtors we have ever met. . . Beyond being realtors they truly care for each person they come across and invest back into the community in which they serve."

- Client Testimonial

Contact us today to discuss your real estate goals

CORINNE MAHER

403-978-2989

corinne@blessthishouse.ca

COLLEEN WHELAN

403-471-4234

colleen@blessthishouse.ca



www.BlessThisHouse.ca

Do you have questions
about mortgages?
Call today to learn how I can help!

Dale Parry
Mortgage Professional

Verico CML Canadian Mortgage Lender Inc.
P. 403-875-8851

E. dale.parry@cmlmortgages.com
<http://www.mortgageweb.ca/daleparry>

Mention this ad for any current promotions!
Your local Mortgage Professional



2316 6 Street NE
Calgary, Alberta T2E 3Z1
www.cmlmortgages.com



PANTHER TAE KWON DO

29th year Anniversary at MOCA

- >Self – defense
- >Physical Fitness
- >Self – control
- >Weight Control
- >Self – confidence
- >Competition

For Men Women & Children

WWW.PANTHERTKD.COM

**For More Information Call:
Master. Gary Van-Dack 403 606-2231**

**WE ARE STILL OPEN FOR
GUESTROOM NEEDS!!**

**1000 GLENMORE COURT SE
CALGARY, ALBERTA
T2C 2E6**

**PHONE # 403-279-8611
WWW.GLENMOREINN.COM**



**WE CAN'T WAIT TO WELCOME
YOU BACK TO OUR GARDEN
COURT RESTAURANT!**

**OPENING SOME TIME MID JUNE
CHECK BACK WITH US FOR
DETAILS**

**AS ALWAYS – OUR FAMOUS HOT
TURKEY DINNERS,
MENU SERVICE AND PLENTY OF
ROOM FOR SOCIAL DISTANCING!!**

Community Membership Form

CARD #: _____ Valid: _____ 20____ to May 31/ _____

Name: (Please Print): _____ Ph#: _____ Cell#: _____

2nd Member Name _____ Address: _____ Postal Code: _____

Consent to Receive Emails Email: _____
 Please add me to the newsletter email list

Name of Children (Please Include Surname if Different from Above):
 1. _____
 2. _____
 3. _____

Would you like to be contacted for Volunteer Activities? (Please Circle One):

Yes - (I am Interested)
 No - (I am NOT Interested)

Membership Type:

Family \$ 25.00
 Couple \$ 20.00
 Single \$ 16.00
 Senior (65+) \$ Free

If Yes, Please Check any of the Following:

Casino
 Civic Affairs
 Community Clean-up
 Jellybean Dances
 Lego Contest
 Other Special Events
 PayPal
 Visa

Paid by:

Cash
 Cheque (#)
 Debit
 MasterCard

Card Distribution: Physical Card Digital Card

Signature: _____ Date: _____

Return Top portion with Payment

Millican Ogden Community Memberships supports the day to day operations of the Community Association. Memberships offer you:

- **Community Newsletter:** Keeping you up to date on issues, activities, programs and services that are happening in the Millican Ogden Community
- **Discounts:** Your memberships give you discounts:
 - ⬇ ALTADIGITAL - Mac & PC Services - 10% - 15% discount for Service Quotes + Discounted PC & Mac Tune-ups & Annual Maintenance
 - ⬇ Cloverdale Paint - 25% on paint, 15% off paint supplies
 - ⬇ Ecco Recycling - one free load disposal per month showing your MOCA Membership Card (contact Ecco for more details)
 - ⬇ Event Discounts: Jellybean Dances
 - ⬇ Jack Setter Arena - Free Public Skating
 - ⬇ Nikos Grill - 10% discount with proof of current membership (8, 2808 Ogden Road SE)
 - ⬇ MOCA Hall (Upper & Lower) - Rentals, Activities & Events
 - ⬇ Servus Credit Union - 6 months free banking, 1 year free safety deposit box rental & annual profit sharing
 - ⬇ Stealth Alarms - receive 25% of monitoring fees
- **Facilities:** MOCA supports a terrific community hall for meetings and events as well as the Jack Setters Arena
- **Planning and Development:** Your community association influences transportation, roads, parks, playground development, and traffic issues. The City of Calgary and MOCA confer on these issues
- **Quality of life:** Individuals of MOCA take pride in their community and strive to improve the quality of life for themselves and their neighbors
- **Regional Committees & Initiatives:** MOCA Volunteer Board representatives speak for the community on regional issues such as the Area Redevelopment Plan and major infrastructure projects
- **Representation:** Your membership supports Millican Ogden Community volunteers in activities that represent our best interests, ensuring the Millican Ogden Community remains a great place to live and play
- **Resources:** Through community memberships, grants, casinos and special events, MOCA raises funds to provide programs, services and maintain Community Facilities
- **South East Calgary Community Resource Centre:** Direct Assistance, Youth and Social Programs, Clothing Room, Job Search, Computer Use and Volunteer Opportunities

****Memberships Expire Annually and are Not Refundable****

Mail or Drop off Completed Form (See Address below)

Admin Office - Business Hours Mon to Fri 1pm - 4pm

After Hours: Drop in Admin Door Mail Slot