



MILLICAN-OGDEN COMMUNITY ASSOCIATION



2021 COMMUNITY STAMPEDE BREAKFAST

Served 420+ people & pets





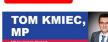
SPONSOR'S & PARTNER'S Thank

CHARTWell











MOCASOUTHEAST CALGARY
COMMUNITY RESOURCECENTRE



MILLICAN-OGDEN COMMUNITY ASSOCIATION



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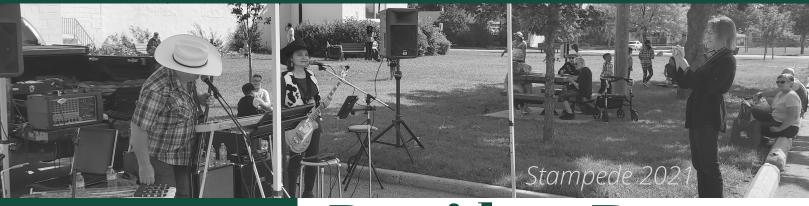
Business Section 9-14

Membership Form 15



MOCA office

Mon-Fri 8:30am-4:00pm Closed from 12-1pm



MOCA INFORMATION

2110 69 Avenue SE Calgary T: 403-279-3973 E: rentals@millicanogdencommunity.com www.millicanogdencommunity.com Office Hours: Monday to Friday 1-4pm

BOARD OF DIRECTORS

President Rick Smith 1st Vice President John McDonald 2nd Vice President Lorraine Robinson Pieter van Lindenberg Treasurer Secretary Sarah Atkinson **Human Resources** Lorraine Robinson John McDonald SEC CRC Liaison Lorraine Robinson Angela Cruickshank Civic Affairs Barry Bickford John McDonald

Facilities Mat Strangemann

Rick Smith

Director Jim Logan

FACILITIES

MOCA Main office:

Rentals, Memberships, Volunteering 2110 69 Avenue SE

403-279-3973

Jack Setter Arena

2086 69 Avenue SE

403-236-3727

SE Calgary Community Resource Centre

2734 76 Avenue SE 403-720-3322

President Report

Written by Rick Smith

Welcome back. We hope that you all had a safe and enjoyable summer.

Unfortunately, our Treasurer, Pieter van Lindenberg, has felt the need to step away from the Board and his position as Treasurer. This was a huge disappointment, and I was very reluctant to accept his resignation. Not only did he do a great job as Treasurer, but he had the time and the energy to do many other things for MOCA. His contributions to MOCA will always be appreciated and he will be severely missed. Regardless, we wish him all the very best in whatever is next for Pieter.

MOCA is planning to re-open the monthly general meetings for in- person meetings on Tuesday September 7 but we are still going to respect some concerns like social distancing. Please put this date in your calendar and attend if you can.

From MOCA's perspective, we are open for business again, for now. We are finally seeing some light at the end of this long, dark tunnel. Most of the restrictions and limitations are being lifted and we can see some resemblance to the normal that we were used to. Like others, we encourage everyone to become vaccinated, but there are still some concerns relating to the wearing of a mask. That is not to say that if you feel more comfortable wearing a mask, then please do so, particularly if you are the one not feeling well. There is no reason to be embarrassed about continuing the cautious approach until you feel comfortable. And for those who are not yet fully vaccinated, please work toward having that done. It is just going to make life better.

The hall expansion project continues to progress although slowly. Our Development Permit has been approved and released but these things do have an expiry date and we have now applied for an extension to the Development Permit period to give us more time. Of course, we do need to get extensions on our grant programs, so we have the financial ability to complete the project once final approvals are provided. The critical pieces that remain are a technical review of the project by one City department, and a financial review by another City department. These are both mandatory because we are a community association and because the project is being done on City land. Unfortunately, both reviews are lengthy and time consuming. There are a lot of hurdles to clear yet before we can actually begin construction. There is also some interior related work to the building that is also progressing to bring the building up to code and add required new emergency exits, but this work is being separated out from the major expansion work so it can be funded separately but must still be included under the one Building Permit that we are working towards.

PRESIDENT'S REPORT- CONTINUED FROM PAGE 2

At the Southeast Calgary Community Resource Centre, things are operating normally. The clothing room has now reopened, and clients are welcome to attend. 632 visits to the clothing room have been made in recent weeks. The Centre supplied 420 clients with emergency food or gift cards, diapers, and formula, and each delivery includes a bottle of hand sanitizer and a small supply of masks. The staff were able to assist 86 clients with resumes and job applications, and supported 189 clients with scan, fax, and email services. They continue to provide refurbished computers and laptops to families as needed. The important thing to remember though is that for anyone who needs any form of help, the staff are available. They can be reached initially be telephone [403-720-3322] and at that point a decision can be made as to what level of service is required.

As for local crime, the statistics provided show that there was a substantial increase in activity during the month of July -21 incidents from 14 in June. Most are related to theft of vehicle, or theft from a vehicle. Again, I will remind folks to keep their vehicles locked and remove anything from being visible. Loose change that is left in a vehicle is always a target for those who are inclined to break into a vehicle.

In addition, MOCA's Annual General Meeting is scheduled for Tuesday October 12 – 7 pm – at the main hall. The Agenda for the AGM is published in this newsletter. This is an important meeting and required by provincial legislation, and we ask that you put this date into your calendar. It is also our opportunity as the MOCA Board, to be accountable to you the residents, and more specifically, to the membership. We will be presenting our Annual Financial Report as well as outlining many of the accomplishments and other happenings over the past year, and a bit of a forecast as to what is planned for the upcoming year, and beyond. In addition, there are a few directors who are up for re-election and, as always, the opportunity for new directors to be added as part of the election process. Our current Board is very good -- each Director brings some of their own skills to the table and together we have accomplished a lot, but we are at a point where we need to do some succession planning for those members of the Board who have retired or might soon be retiring. This is a volunteer Board as you know, and our Bylaws do limit term length for the Executive so there will be changes this year. We would like to add Board members who can continue to move this organization forward. We are essentially a facility operator, employer, provider of recreation and social programs, community planner, to name a few. This is a very active community, and there are many interesting and exciting things happening in the community including our plans to renovate and expand the community hall building, and of course the upcoming Green Line [LRT], and all of the projects that are connected with it. As well there are always a variety of development projects happening in the community, and of course our involvement in representing the residents on a variety of quality-of-life issues that arise from time to time. If you would like to get involved with local community affairs, please contact us. A current MOCA membership is a requirement however, and an application for membership is available in this newsletter and on the website, and of course at the MOCA office.

We are planning a small change to our MOCA Bylaws at our October AGM. It simply allows for the use of virtual meetings and electronic voting at future MOCA meetings should that become necessary. We have been doing that because of necessity anyway for our internal meetings, but this change is one of the side effects of the pandemic and the related restrictions, and is now somewhat required to be identified in the Bylaws.

As a reminder, MOCA memberships expired May 31. If you have one, please renew it, otherwise please consider purchasing one. The details are in this newsletter. The cost is minimal and there are several corporate discount benefits to having a membership. Most importantly though, it shows in a small way, that there is some support for the Board, the staff, and the many volunteers, for the good work they do on behalf of the community. Also, the membership provides an opportunity to vote the Annual General Meeting held in October.

And of course, if you are planning a social event, ie, for your family, or business, or organization, please give some thought to renting the MOCA Hall. We would appreciate your business. We hope to be able to continue with rentals even during the hall construction period when that starts.

As always, if you have questions or concerns that you would like to direct to me, please either call into the MOCA office, or send me an e-mail at president@millicanogdencommunity.com

Best wishes. Rick Smith , MOCA President



Jack Setters Arena

2086 69th Avenue SE

P: 403.279.3973

E: rentals@millicanogdencommunity.com

Rental Fees:

- Prime 75mins: Adult \$350 Youth \$200
- Nonprime 75 mins: Adult \$280 Youth \$145

COVID Protocols:

- Sanitize your hands when entering the facility
- If you are not feeling well, please do not enter the facilty
- Staff will still be cleaning and sanitizing

Although not mandatory, MOCA recommends:

- wearing masks in common areas
- practice physical distancing

Amenities:

- Scoreboard
- Spectator Stands
- Change Rooms
- Officials Room
- Washrooms/ baby change tables
- Vending Machine
- First Aid, staff on site, AED & spineboard

• FIRST AID, STAIT ON S

PRIVATE ICE RENTALS

Jack Setters Arena

\$60 30 minutes

Tuesday - Thursday 8 am - 2 pm Friday 8 am - 11 am

Contact:

rentals@millicanogdencommunity.com 403.279.3973

AVAILABLE ICE:

PRIME:

• Season Oct - Mar/Apr Mon-Sat 10:45 pm - 12:00 am

CASUAL BOOKING - SEPTEMBER

- Sept 7: 7:45-9pm, 9:15-10:30pm
- Sept 9: 9:15 10:30pm
- Sept 10 3:30-4:45pm, 5-6:15pm
- Sept 11 1:45-3pm, 3:15-4:30pm, 4:45-6pm
- Sept 12 3-4:15pm, 7:30-8:45pm
- Sept 13 4:45-6pm
- Sept 16 7:45-9pm, 9:15-10:30pm
- Sept 18 7:45-9pm
- Sept 20 4:45-6pm
- Sept 23 9:15-10:30pm
- Sept 25 7:45-9pm
- Sept 26 7:30-8:45pm
- Sept 27 4:45-6pm
- Sept 30 9:15-10:30pm





2734—76 Avenue SE Calgary, AB T2C 4W9
403.720.3322

HOURS: Mon—Fri, 8:00am — 4:00 pm (Closed 12pm — 1pm) www.secalgarycrc.ca

September Newsletter

Here's what we can help with:

- Resumes, job applications, interview skills
- Basic needs referrals, advocacy, emergency food, hygiene products
- If you need someone to talk to
- Access to computers, faxing and printing
- Computer Classes

Looking for Parent & Child programs?

- Mother Goose 1-4 years
- Terrific Toddlers 18 31 Months

Be sure to watch for upcoming dates on our Facebook page!

Crestwood Play Group

Location: 2425 69th Ave SE

Drop In Play -Thursdays

10-12pm

Play in the Park - Fridays

George Moss Park

9:30-11:30pm

<u>Mission Statement:</u>

To provide information, education, referrals, and advocacy with kindness and care.

"Change is hard at first, messy in the middle, and gorgeous in the end."

Please call:

403-720-3322

for more information!



Stay up to date by liking our Facebook page:

SE Calgary Community Resource Centre



Millican Ogden Community Association

2110 69 Avenue SE P: 403.279.3973

E: rentals@millicanogdencommunity.com

Rental Fees:

- \$50/hr (min. 2 hours)
- \$500 Refundable Damage Deposit
- Event Package \$750 (Friday 1pm to Sunday 9am)



MILLICAN-OGDEN COMMUNITY ASSOCIATION



GENERAL MEETING

Tuesday September 7, 2021 2110 69 Avenue SE MOCA Upper Hall 7:00 PM

For agenda & minutes of the previous meeting, visit: www.millicanogdencommunity.com/aboutus



SAVE THE DATE

Tuesday October 12, 2021 2110 69 Avenue SE MOCA Upper Hall 7:00 PM

For agenda & bylaw review visit: www.millicanogdencommunity.com/aboutus or page 4 of the September MOCA motion



AVAILABLE RENTALS - Upper Hall

COVID Protocols:

- Sanitize your hands when entering the facility
- If you are not feeling well, please do not enter the facilty
- Staff will still be cleaning and sanitizing

Although not mandatory, MOCA recommends:

- wearing masks in common areas
- practice physical distancing

Amenities:

- Commercial Fridge
- Microwave
- Coffee Urn 100 cup
- Sink
- Tables/ Chairs

Select venue rentals available for:

- Private events
- Day camps
- First Aid classes (Professional Development)
- Home schooling (gym)
- Fitness classes
- Meetings
- Art sessions, etc.
- You name it , we will try to accommodate

Saturday, September 11, 2021 from 9am - 3pm



Dale Parry
Mortgage Professional
403-875-8851
dale.parry@cmlmortgages.com
www.daleparry.ca



CML Canadian Mortgage Lender 2316 6 Street NE Calgary, AB T2E 3Z1



PROUDLY SPONSORING the Millican Ogden Community Annual Parade of Garage Sales



Colleen Whelan
Realtor
403-471-4234
colleen@blessthishouse.ca

Corinne Maher
Assistant
403-978-2989
corinne@blessthishouse.ca
www.blessthishouse.ca



Capital Realty
MaxWell Capital Realty
6204B Burbank Rd SE
algary, Alberta T2H 2C2

Register your Garage Sale by calling Colleen at 403-471-4234

Ogden House 50+ Activity Centre

Everyone is Welcome! Retired or not, there is a program or activity for your life and schedule. Call or Drop by!

Our Center is fully renovated, we invite you to come and visit us and check the activities that we have.

For Further Information:

2102 69th Avenue SE Calgary

P: 403.279.2003

E: <u>erika@ogden50plus.org</u>, or <u>renata@ogden50plus.org</u>

Visit our website:

www.ogden50plus.org

SILVER SHADES PODCAST, beginning June 3, Ogden House will have a weekly podcast available to all of you. Silver Shades will be released every Thursday at 3 pm. You can find the podcast on the website silvershades.ca; Spotify, Overcast, Apple podcast, Pocket cast and Google podcast.

On this podcast, we will discuss topics of importance to seniors and the community in general. We will also share stories and connect with seniors in the City. For suggestions for what to cover in the podcast or comments, please refer to the feedback form on the website.

The **HOUSEKEEPING PROGRAM** continues working and helping seniors. This is a convenient service to help low-income seniors to keep their home clean and safe. Services can be provided even if you do not qualify for the Government Program. If you do not qualify, you get the services for a setup rate.

To apply or for more info please contact Erika Rodriguez, Supervisor. (587) 885 1070 press # 1

For **POTLUCK LUNCHES** for now until further notice the option is to have the potluck, but everyone must bring their own food and not sharing. We can provide coffee and a pastry or cookies for \$1.00.



THE CENTER IS OPEN

To protect everyone even when mask is not mandatory, we highly recommend the use of face mask while at the Center. You will need to disinfect your hands, keep your distance. The temperature will be measured at the entrance, please sign in, and please use **capital letters**, membership number, program, temperature and answer Yes or No to the Covid question. Please follow all these steps, it is very important to all of us. **Safety always comes first.**

Pre-registration is required for some programs such as pool table, potluck lunch/carpet bowling, painting, ping pong, and quilting and Zumba. To register, follow these steps, please.

Go to our website, http://www.ogden50plus.org/Activities / Book Activities / It will be calendar, please click on a date with circle / choose a time / fill in your information / and click Book. You should receive confirmation email, please let us know if you will not receive email so we can fix the problem.

- MENS COFFEE (Monday, Wednesday, Friday from 8:30 to 10:30 am)
- LADIES COFFEE (Tuesday & Thursday from 10:00 am to 12:00 pm)
- TABLE TENNIS

Monday: 9:00-10:00 am; 10:30-12:00 am

Tuesday/Thursday/Friday:

9:00am-10:30am; 11:00am-12:30pm; 13:00 pm-14:30pm

The TABLE TENNIS hours can change in September!

- CARPET BOWLING (Monday from 13:00pm to 15:00 pm)
- PAINTING (Tuesday from 9:30 am-11:30am)
- QUILTING (Monday 9:00am-11:00am; 13:00pm-15:00pm)
- CARPET BOWLING & POTLUCK: (Wednesday 12:00pm-15:00pm)
- ZUMBA: (Thursday 15:00pm-16:00pm)
- CRIBBAGE: (Tue & Thurs 13:00pm-15:00pm)

Online: Chair YOGA and Fit2Age through ZOOM.

Those who were members in 2020 will receive the membership for 2021 for free. We still ask you to fill out the RENEWAL MEMBERS FORM, because based on how many members we have, we will receive the funds from Family Community Support Services (FCSS) City of Calgary. The forms can be emailed to renata@ogden50plus.org , mailed, dropped at the Center or mailbox.

For new members, however, it is \$ 25.00 from October 1st, 2020 to December 31st, 2021. Please complete the NEW MEMBER FORM and return to renata@ogden50plus.or , drop off to the Center or drop off in our mailbox located by the front door on your right side. You can pay the fee online, cash or cheque. If someone would like to give a donation from \$ 20.00 or more, we will issue a tax deduction receipt.





2021 municipal election

The 2021 municipal election is taking place this fall. Voters can cast their ballot during the advance vote (Oct. 4-10) or on election day (Oct. 18). If you are unable to vote during the advance vote or on election day because of a physical disability or absence from the city or working as an election worker, you can request a mail-in ballot online by visiting www.electionscalgary.ca.

Voter checklist:

- 1. Check your eligibility to vote.
- 2. Some ward boundaries are changing on election day. Look up which ward you will be in as of Oct. 18.
- 3. Find out who is running in your ward and what is on the ballot.
- 4. Make a vote plan look up your designated voting station for the advance vote and election day (available after Sept. 21) or watch the mail for your Voter Information Card to decide when and where to vote.
- 5. Make sure you have one of the several acceptable forms of ID with your name and current address on it.
- 6. Get out and VOTE!

Voting is an important responsibility for every Canadian. It's how we shape our communities and choose which leaders will represent us. Voting connects citizens with the political process and with each other. When you take part in an election and express your view, you make democracy work.

Visit electionscalgary.ca for more information, to learn about job opportunities and to sign up for the Elections Calgary eNewsletter.

Back to commuting: online map shows Calgary's roadway activities.

With students back to school and workers returning to the office, road traffic and foot traffic is increasing. To help citizens with their commuting, The City of Calgary has a map that shows where roadway activities are occurring. Activities such as sidewalk repairs, local improvements, various street improvements and miscellaneous construction areas are shown on the map. The information in this map can help you plan your route and look for alternative routes, if needed. It is located at https://maps.calgary.ca/.











Tanya FirMLA Calgary-Peigan,
Associate Minister of Red Tape Reduction
587.392.8850
calgary.peigan@assembly.ab.ca

Dear Constituents,

It has been a busy summer here in Alberta, and the great Alberta comeback is underway.

Alberta's Recovery Plan is helping breathe new life into the economy to create new opportunities for all Albertans as we work to diversify and bring more jobs to the province. We've seen the largest ever investments in infrastructure - building roads, highways, bridges, schools, hospitals and more.

Jobs and investment are coming back to our province, as our government continues to work to create the most competitive environment in North America to live, work and play. The Alberta Jobs Now program has provided employment for more than 14,000 Albertans. Access to childcare is also essential to our economic recovery, that's why Alberta's government is investing in high quality child care to ensure more working parents can access the child care subsidy and will now also include those in licensed preschool programs.

Thanks to Alberta's Recovery Plan, we are seeing the best year ever in the Alberta film and television industry, in the Alberta forestry industry and stronger commodity prices and diversification though investment in industries like hydrogen. It's been the best year ever for venture capital investment in the province and one of the fastest growing sectors in Alberta right now is in the digital and high-tech industry, which will fuel the jobs of tomorrow.

Alberta's economy is turning around. Families and businesses are optimistic again. A recent report from ATB Economics says small business confidence in Alberta is at the highest level it has been since 2014. Alberta's unemployment rate dropped to 8.5% in July, lower than at the start of the COVID-19 pandemic.

The future is bright here in Alberta and we will continue to lead the way as our government forges a path forward focused on the Alberta Recovery Plan to build, diversify and create jobs.

Sincerely yours,
Tanya Fir
MLA for Calgary-Peigan
Associate Minister of Red Tape Reduction

403-428-6600

COMMUNITY DIRECTORY

403-777-8650

403-500-2020

403-777-7590

403-543-5070

403-236-1268

SCHOOLS

St. Bernadette (K-6)

Alamdina Charter School

Happy Days Preschool

Sherwood (4-9)

Banting & Best Elementary (K-3)

Blackfoot Hockey	403-640-9113
Dance Fit Fun Calgary	587-229-0121
Girl Guides	403-283-8348
77th East Glenmore Scouts	403-279-3960
Panther's Tae Kwan Do	403-606-2231
Wildrose Figure Skating Club	403-828-4777
WRC Soccer	403-271-8044

St. Bernadette Church	403-236-2979
The Neighborhood Church	403-264-0598
Avenue Church	403-279-3663
Ogden United Church	403-279-4824
Riverview Christian Church	403-279-6334
St. Augustine's Anglican Church	403-279-3105

COMMUNITY RESOURCES

Calgary Police Services

Calgary Public Library	403-260-2600
Calgary Airport Authority	403-735-1408
Ward 9- Councillor Carra	403-268-5330
MLA– Tanya Fir	587-392-8850
MP- Tom Kmiec	587-741-7022
SE Calgary Community Resource	403-720-3322
Centre	
Ogden 50+ Activity Club	403-279-2003
Silvera for Seniors	403-276-5541

MEDICAL

Ogden Medical Clinic	403-879-9345
Lynnwood Medical Clinic	403-279-3311
, Momentum Health	403-236-0106
Lynnwood Physio	403-454-1331
Friends & Family Dental Health	403-236-5171



MILLICAN-OGDEN COMMUNITY ASSOCIATION

ANNUAL GENERAL MEETING 7:00 pm - Tuesday, October 12, 2021

	7.00 pm			
1.	Call to order			
	Note – the Agenda is as outlined below. Because of the 30 day notice requirement for an Annual General			
	Meeting, there can be no additions to the Agenda. A Question and Answer period is being provided but			
	any new business requiring a decision or further attention will be noted and could become the subject of			
	future Reports of the Board.			
	Confirm Quorum 5% of membership			
2.	Introductions: Directors and Special Guests			
3.	Approval of the Annual General Meeting Minutes – October 12, 2020			
4.	President's Report (20 min)			
5.	Presentation by the SE Calgary Community Resource Centre			
6.	Treasurer's Report (20 min)			
7.	Appointment of Auditors for 2022			
8.	MOCA Bylaw Review – Proposed addition to the existing Bylaws.			
9.	Nomination Committee – Election of Directors to the Board			
10.	Question and Answer Period. (20 min)			
11.	Motion to adjourn the meeting (9:00 pm)			

MOCA NOTICE OF BYLAW CHANGE

BE PRESENTED AT THE OCTOBER 12, 2021 AGM FOR MEMBERSHIP APPROVAL. COMMENTS CAN BE SENT TO LORRAINE ROBINSON @
HRPOLICYPROCEDURE@MILLICANOGDENCOMMUNITY.COM

To read as follows: "Virtual Meetings and Electronic Voting" – the organization may conduct its meetings by electronic or other remote access means provided that the organization:

- a. shall use its best efforts to implement any such virtual meetings with full regard for the need to maintain as much as possible accessibility for all members;
- · b. that any action that could be taken at an inperson meeting including voting and bylaw amendments, may also be taken at a virtual meeting held pursuant to this clause;
- · c. any such action taken at a virtual meeting shall have the same force and effect as if it occurred in person and
- d. the determination to hold a given meeting as virtual is by the President.

To view the existing bylaws visit: www.millicanogdencommunity.com/aboutus

MOCA Memberships

- Member perks at participating partners
- Voting rights at the AGM
- Receive the MOCA Motion newsletter monthly
- Supporting your community

Available for individuals, couples and families. * Seniors are free. For more information or to get your own:

https://www.millicanogdencommunity.com/index.php/about/memberships/



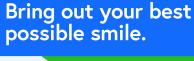






NEW MOCA MEMBER PERK!!!











Calgary, Alberta T2E 3Z1

vww.cmlmortgages.com

BUSINESS SECTION



Purchasing your first home, already own your home?

Want to know your options?

Contact me today!

Dale Parry

Mortgage Professional

Verico CML Canadian Mortgage Lender Inc. P. 403-875-8851

E. dale.parry@cmlmortgages.com www.daleparrv.ca





PANTHER TAE KWON DO 30th year Anniversary at MOCA

>Self - defense

>Weight Control

>Physical Fitness

>Self - confidence

>Self - control

>Competition

For Men Women & Children

WWW.PANTHERTKD.COM

For More Information Call: Master. Gary Van-Dack 403 606-2231



COLLEEN WHELAN REALTOR®

403-471-4234 colleen@blessthishouse.ca **CORINNE MAHER Real Estate Assistant** 403-978-2989 corinne@blessthishouse.ca

Colleen & Corinne

Calgary's Mother/Daughter Real Estate Team

OGDEN COMMUNITY REAL ESTATE STATISTICS

	Total Sales	Detached	Semi-detached	Townhouse
July 2021	10	8	1	1
June 2021	8	5	3	0
May 2021	19	12	5	2

There have been 37 sales in the community of Ogden from May 1, 2021 -July 31, 2021 ranging in price from \$215,000-\$527,300 with an average sale price of \$348,047. In the last 3 months, 25 detached homes sold with an average sale price of \$389,804. 9 semi-detached homes sold with an average sale price of \$256,802 and 3 townhouses sold with an average sale price of \$273,800

If you are considering buying or selling, please call us. We are here to serve our community with pride and integrity. We put your needs first for the fulfillment of your goals.



PROUD SPONSOR of the MILLICAN OGDEN COMMUNITY PARADE OF GARAGE SALES

Register your garage sale by calling Colleen Whelan at 403-471-4234



 G_{W} Colleen Whelan Real Estate Team BLESS THIS HOUSE

www.BlessThisHouse.ca

when in doubt DANCE it out

When: Wednesday, September 22 to Wednesday, December 15

Time: 6:30 p.m. to 7:30 p.m.

Location: Millican Ogden Community Hall **Cost:** 12 weeks for \$75 or \$10 for drop-in

Signup by emailing: dancefitfuncalgary@gmail.com!

Dance Fit Fun is back!

Come join Dance Fit Fun every Wednesday this fall to get your groove back!

This is a class for every body! Any age, size, shape, fitness level... anyone can come and enjoy an hour of dancing, laughs, and sweating!

The moves are easy and fun, and the workout is shaped to meet your needs.

Let's shake and sweat the last 18 months off and get back into feeling good about ourselves!

Naomi Withers: For Ward 9 Councillor



My Promise to You:

- I will listen and be authentic
- I will foster engagement to ensure the unique needs of each community are understood and met

My Focus:

- Fiscal Accountability smart spending, streamlined processes and cost efficiencies
- Supporting Small Businesses to ensure the backbone of our economy stays strong
- Building Thriving Communities to ensure safety, access to resources, and a fair share of local area improvements

Ward9Calgary.com

403-809-7963 Naomi@Ward9Calgary.com







@Withers4Ward9

Your family-friendly Ogden dentist.

Great for kids, teens, adults, and seniors!



Next-level Dental Hygiene Laser disinfection, ultrasonic scaling, and the gentlest hygienists we could find!



Beat Dental Anxiety Access the care you need with free dental sedation. Find us next to the Glenmore Inn.





Invisalign + Orthodontics Think you or your child might need braces? Book a free consultation with Dr. Jeffrey Ma to find out.





Scan here to book online!



VOTE CARRA! WARD 9 • MONDAY OCTOBER 18, 2021

We're looking for campaign volunteers. Visit carra4ward9.ca to get involved!

PHONE # 403-279-8611 WWW.GLENMOREINN.COM





Community Membership Form

CARD #: Valid:	20 to May 31/	
Name: (Please Print):	Ph#:Cell#:	
2 nd Member Name:	Ph#: Cell#:	
Address:	Postal Code:	
Consent to Receive Emails En	nail:	
Name of Children (Please Include Surname if Different from Above):	Would you like to be contacted for Volunteer Activities? (Please Circle One):	
1.	The state of the s	
2.	No - (I am NOT Interested)	
3	—— If Yes, Please Check any of the Following:	
Membership Type: Family \$ 25.00	Casino	
Couple \$ 20.00	Civic Affairs	
Single \$ 16.00	Community Clean-up	
Senior (65+) S Free	Jelly Bean Dances	
	Lego Contest	
Paid by:	Other Special Events	
	Debit Paypal Wisa Visa	
Signature:	Date:	
	Expire Annually and are Not Refundable**	
Mail or Drop off Completed Form (See Address below)		
Admin Office – Business Hours Mon to Fr	i 1pm – 4pm After Hours: Drop in Admin Door Mail Slot	
Return	Top portion with Paymen <u>t</u>	

Millican Ogden Community Memberships supports the day to day operations of the Community Association. Memberships offer you:

- Community Newsletter: Keeping you up to date on issues, activities, programs and services that are happening in the Millican Ogden Community
- Discounts: Your memberships give you discounts:
 - 🔸 ALTADIGITAL Mac & PC Services 10% 15% discount for Service Quotes + Discounted PC & Mac Tune-ups & Annual Maintenance
 - Cloverdale Paint 25% on paint, 15% off paint supplies
 - Ecco Recycling one free load disposal per month showing your MOCA Membership Card (contact Ecco for more details)
 - Event Discounts: Jelly Bean Dances
 - Jack Setter Arena Free Public Skating
 - ♣ Nikos Grill 10% discount with proof of current membership (8, 2808 Ogden Road SE)
 - MOCA Hall (Upper & Lower) Rentals, Activities & Events
 - 🖊 Servus Credit Union 6 months free banking, 1year free safety deposit box rental & annual profit sharing
 - Stealth Alarms receive 25% of monitoring fees
- Facilities: MOCA supports a terrific community hall for meetings and events as well as the Jack Setters Arena
- <u>Planning and Development</u>: Your community association influences transportation, roads, parks, playground development, and traffic issues. The City of Calgary and MOCA confer on these issues
- Quality of life: Individuals of MOCA take pride in their community and strive to improve the quality of life for themselves and their neighbors
- Regional Committees & Initiatives: MOCA Volunteer Board representatives speak for the community on regional issues such as the Area Redevelopment Plan and major infrastructure projects
- Representation: Your membership supports Millican Ogden Community volunteers in activities that represent our best interests, ensuring the Millican Ogden Community remains a great place to live and play
- Resources: Through community memberships, grants, casinos and special events, MOCA raises funds to provide programs, services and maintain Community Facilities
- <u>South East Calgary Community Resource Centre</u>: Direct Assistance, Youth and Social Programs, Clothing Room, Job Search, Computer Use and Volunteer Opportunities

Phone: (403) 279-3973 Fax: (403) 279-5755 Mbrshp Form: 05/23/19