



Our Mission

To offer programs and services that strengthen families, build personal and community capacity and provide a warm, kind, and supportive place for families and individuals to find support.

Our Vision

South East communities will be safe, strong, and vibrant places for community members to thrive and grow.



WHAT WE DO:

- ➤ Help individuals and families meet their basic needs (food, clothing, shelter, financial assistance)
- > Referrals for food, clothing, furniture, computers
- Provide housing support
- Mental health one on one support
- > Advocacy with all government support agencies
- Assistance with benefits navigation (Federal, provincial, municipal) assistance with filing out and submitting any and all applications
- Addictions support in the most compassionate, non judgmental way
- Assistance with obtaining transportation

WHAT WE DO CONTINUED:

- Execution and administration of the basic needs fund
- > Food supports
- Seasonal supports: ie Tax clinic, back to school supplies, and Christmas hampers
- Assistance in job search
- Assistance with resumes, cover letters and references
- > Provide interview techniques
- Crestwood: offer a space for parents and their children to build strong connections
- > Provide parent education classes

OUR IMPACT

4,205 2,689 7,919 1,619 708 192 Christmas Accessed the Called the centre Emergency food People Donations Hampers clothing room for help accessed received was given the centre 709 1,211 372 75 92 Found full-time Accessed Computer lab Backpacks and school Helped with resumes, community work access and job search support supplies

John, lost in his addictions lived on the streets for over 10 years. We supported him by obtaining his own apartment and income through AB works.

We helped a mom of 3 through the legal process of obtaining a protective order and child support from the father of one of the girls.

Since then, she has been able to move forward and get back into school to establish a career for herself.

Ann came to Canada in 2016 from Israel and struggled with the language barrier for yearswe supported her with the process of getting into English classes at Columbia College.

Success Stories



576 Parents
Participated in
Parenting Workshops,
Singing, Storytelling,
and Drop-in Play Programs

1536 youth visited Mo's After School Program





Collaborated
With Kiwanis
to Supply
31 Bicycles
& 31 Helmets

80
Winter gear
(coats, jackets, hats, boots)
have been given out.





OUR FUNDERS:











