THE MOCA MOTION

MILLICAN-OGDEN
COMMUNITY ASSOCIATION

MILLICAN-OGDEN COMMUNITY ASSOCIATION
RIVERBEND community association

VOLUNTEERS NEEDED FOR COMMUNITY CLEAN UP DAY

SATURDAY MAY 07 | 9AM - 2 PM

LEARN MORE & SIGN UP ONLINE
@
WWW.RIVERBENDCOMMUNITY.CA

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MOCA Office
Mon-Fri 9:00am-12:00pm

Planning on visiting the MOCA Office?
Please call **403-279-4530** to make sure we are open

MOCA INFORMATION

MOCA General Meeting

The next General Meeting will be held on May 3rd at 7:00pm in the MOCA Upper Hall

This is a great opportunity to find out what's happening in your community. We hope to see you there!

FACILITIES

MOCA Main Office

Rentals, Memberships, Volunteering

Location: 2110 69 Avenue SE
Telephone: 403-279-4530
Website: www.millicanogdencommunity.com
Rental inquiries: rentals@millicanogdencommunity.com
Office hours: 9:00AM - 12:00 PM

Jack Setter Arena

Location: 2086 69 Avenue SE
Telephone: 403-236-3727

SE Calgary Community Resource Centre

Location: 2734 76 Avenue SE
Telephone: 403-720-3322

BOARD OF DIRECTORS

President ..... John McDonald
1st Vice President .... Lorraine Robinson
Treasurer ..... Sarah Atkinson
Secretary ..... Zev Klymochko
Human Resources ..... Lorraine Robinson
Angela Cruickshank

SEC CRC Liaison ..... Lorraine Robinson
Angela Cruickshank

Civic Affairs ..... Barry Bickford
John McDonald
Rick Smith
Zev Klymochko

Facilities ..... Jim Logan
Rick Smith

Community Hall ..... Jim Logan
Expansion Barry Bickford
Rick Smith

A MESSAGE FROM OUR MLA, TANYA FIR

Dear Neighbours,

Spring in Alberta is a season of renewal and hope. While we have been through some of the biggest challenges of our lifetimes over the last couple of years, we continue to see growing opportunities and an abundance of hope for our future.

Our government has been working hard over the last few years laying the groundwork for economic recovery. Lowering the corporate tax rate has been a major attractant for investment and is creating jobs today and for the future. Our economic growth means Alberta will collect roughly $400 million more in annual corporate tax revenue at an 8% rate than the NDP did at 12%.

Our tech sector is booming with thousands of high-quality jobs waiting to be filled. Film and television saw its best year ever last year and the industry continues to grow right here in Calgary-Peigan! We've also seen five major hydrogen projects announced, a booming oil and gas sector and more new investments in our province every single day.

All these investments in Alberta means more revenue being invested into healthcare, schools, childcare, roads and other critical infrastructure – areas our government is proud to be investing in. Alberta's Capital Plan will expand capacity in the health care system and build schools in every corner of the province. This will create jobs and ensure our province can meet the needs of families into the future.

And when we have a balanced budget, we can pay down our debt and invest more into supporting the health and wellbeing of all Albertans. We are seeing increases in funding to support greater healthcare capacity, enhanced childcare and increased funding for education. A balanced budget means a better quality of life and more opportunities for you and your family. You deserve a government who cares about the bottom line, because it means caring about you and the future for your children.

Tanya Fir
MLA Calgary-Peigan,
Associate Minister of Red Tape Reduction
587.392.8850
calgary.peigan@assembly.ab.ca

MILLICAN-OGDEN COMMUNITY ASSOCIATION

VOLUNTEERS NEEDED!

Interested in joining us?

Call us at **(403) 279-4530** or email us at **generalmanager@millicanogdencommunity.com**

We are looking forward to your help!

MILLICAN-OGDEN COMMUNITY ASSOCIATION

WE NEED HELP WITH:

Community Clean-Up
May 7th, 2022 from 8:45-2:15
- Two different shifts available between 8:45AM and 2:15 PM
- Day-of operations

Stampede Breakfast
July 14th, 2022 from 9-11
- Setting up and taking down tables
- Serving food and drinks
- Line control

JACK SETTER ARENA

ARENA IS NOW AVAILABLE TO RENT FOR REUNIONS, WEDDINGS, PARTIES, AND MANY MORE!

Interested in booking Jack Setter Arena for your event?
Please call (403) 279-4530 for more information!

COMMUNITY DIRECTORY

PROGRAMS

Blackfoot Hockey	403-640-9113
Girl Guides	403-283-8348
77th East Glenmore Scouts	403-279-3960
Panther's Tae Kwan Do	403-606-2231
Wildrose Figure Skating Club	403-828-4777
WRC Soccer	403-271-8044

SCHOOLS

Banting & Best Elementary (K-3)	403-777-8650
St. Bernadette (K-6)	403-500-2020
Sherwood (4-9)	403-777-7590
Alamdina Charter School	403-543-5070
Happy Days Preschool	403-236-1268

PLACES OF WORSHIP

St. Bernadette Church	403-236-2979
The Neighborhood Church	403-264-0598
Avenue Church	403-279-3663
Ogden United Church	403-279-4824
Riverview Christian Church	403-279-6334
St. Augustine's Anglican Church	403-279-3105

MEDICAL

Ogden Medical Clinic	403-879-9345
Lynnwood Medical Clinic	403-279-3311
Momentum Health	403-236-0106
Lynnwood Physio	403-454-1331
Friends & Family Dental Health	403-236-5171

COMMUNITY RESOURCES

Calgary Police Services	403-428-6600
Calgary Public Library	403-260-2600
Calgary Airport Authority	403-735-1408
Ward 9- Councillor Carra	403-268-5330
MLA- Tanya Fir	587-392-8850
MP- Tom Kmiec	403-974-1285
SE Calgary Community Resource Centre	403-720-3322
Ogden 50+ Activity Club	403-279-2003
Silvera for Seniors	403-276-5541

MOCA SOUTHEAST CALGARY COMMUNITY RESOURCE CENTRE

2734—76 Avenue SE Calgary, AB T2C 4W9
403.720.3322
HOURS: Mon—Fri, 8:00am — 4:00 pm
(Closed 12pm — 1pm)
www.secalgarycrc.ca

May Newsletter

Community Tool Lending Shed Opening Soon!!

We have started a community tool lending shed for anyone looking for yard care tools to borrow!

-Lawn mowers

-Shovels

-Rakes

-Shears & much more!

The shed will be available every Friday afternoon- starting April 29th between 1:00-4:00pm.

Mission Statement:

To provide information, education, referrals, and advocacy with kindness and care.

Watch out for our ***Let It Grow Event*** coming middle of May!

Be sure to follow our Facebook Page **SE Calgary Community Resource Centre** to get all the details!

Here's what we can help with:

-Resumes, job applications, interview skills

-Basic needs referrals, advocacy, emergency food, hygiene products

-Access to computers, faxing and printing

-Counselling

Millican Ogden Community Association

2110 69 Avenue SE
P: (403) 279-4530
E: rentals@millicanogdencommunity.com

AVAILABLE RENTALS - Upper Hall

Select venue rentals available for:

- Private events
- Day camps
- First Aid classes (*Professional Development*)
- Home schooling (*gym*)
- Fitness classes
- Meetings
- Art sessions, etc.
- You name it , we will try to accommodate

Rental Fees:

- $50/hr (min. 2 hours)
- $500 Refundable Damage Deposit
- Event Package $750 (Friday 1pm to Sunday 9am)

Amenities:

- Commercial Fridge
- Microwave
- Coffee Urn - 100 cup
- Sink
- Tables/ Chairs

Ogden House 50+ Activity Centre – Everyone is Welcome!

Our Center is a place that gives meaning to the lives of our club members. By engaging people socially, emotionally, physically, and intellectually, we reduce isolation, reduce mental fatigue, and bring happiness and social inclusion. We invite everyone to visit us and check the activities we have.

Our Center is fully renovated. We invite you to come visit us and check out the activities that we have.

Our address is **2102 – 69th Avenue SE Calgary T2C 3Y4**

Retired or not, there is a program or activity for your life and schedule. Call or drop by!

For further information please call **403-279-2003**, email **erika@ogden50plus.org** or **renata@ogden50plus.org**, or visit our website **www.ogden50plus.org**

HAPPY EASTER!

The Housekeeping Program continues working and helping seniors. This is a convenient service to help low-income seniors to keep their home clean and safe. Services can be provided even if you do not qualify for the Government Program. If you do not qualify, you get the services for a setup rate. To apply or for more info please contact Erika Rodriguez, Supervisor. (587) 839-6405.Call or text.

SILVER SHADES PODCAST, Ogden House continues with the podcast available to all of you. You can find the podcast on the website silvershades.ca; Spotify, Overcast, Apple podcast, Pocket cast and Google podcast. On this podcast, we will discuss topics of importance to seniors and the community in general. We will also share stories and connect with seniors in the city. For suggestions for what to cover in the podcast or comments, please refer to the feedback form on the website.

MOTHER'S DAY LUNCH, BAKING AND CRAFT SALE ON MAY 6TH FROM 10:00 AM TO 1:30 PM!!! EVERYBODY WELCOME!

PLEASE JOIN US FOR CHAIR YOGA IN PERSON AT OGDEN HOUSE SENIOR CITIZENS CLUB STARTING MAY 4TH AT 11:20 AM TO 12:20 PM

The Club is open from 8:00 am to 4:00 pm and our current programs are:

·MENS COFFEE: Monday, Wednesday, Friday from 8:30 to 10:30 am

·LADIES COFFEE: Tuesday & Thursday from 10:00 am to 12:00 pm

·TABLE TENNIS: Monday: 9:00 am - 12:00 and Tuesday/Thursday/Friday: 9:00 am – 12:00 pm

·MAHJONG: every Tuesday from 3:00 pm – 5:00 pm

·NEW ACTIVITY PICKLEBALL: Tuesday/Thursday/Friday: 12:00pm – 3:00 pm AND Wednesday from 9:00 am – 12:00 pm

·CARPET BOWING: Monday from 1:00pm to 3:00 pm)

·PAINTING: Tuesday/Thursday from 9:30 am-11:30am

·QUILTING: Monday 9:1:00pm-3:00pm

·CARPET BOWLING & POTLUCK: Wednesday 12:00pm-3:00pm

·ZUMBA: Thursday 3:00pm-4:00pm

·CRIBBAGE: Tuesday/Thursday 1:00pm-3:00pm

·SILVER SHADES PODCAST:every Thursday at 3:00 pm

·GAME NIGHTS ON Wednesday AND Thursday FROM 7:00pm – 9:00 pm

·BBQ BURGER SERVE ALONG WITH HAPPY HOUR 4:00 PM ON MAY 13TH

·TGIF DINNER ON May 27th at 5:00 pm. Please order before April 25th by 4:00pm

Ogden Heritage

Did you know that Ogden is one of Calgary's oldest communities? Are you aware that our community contains an abundance of heritage buildings, many with a significant past?

The Ogden Heritage Group is a committee that formed last summer, with the goal of preserving and celebrating our community's built heritage. We have been involved in a number of projects since our inception.

We have completed an inventory of heritage buildings within Millican-Ogden, and have submitted the data to Calgarians for Heritage Districts, Heritage Calgary, and the City of Calgary Heritage Planning Department. A total of 120 buildings in our community met the criteria to be included in this survey. The information has been added to the City's database of heritage sites and will eventually be reviewed for inclusion on Calgary's Inventory of Evaluated Historic Resources.

We have been working toward the preservation of the Ogden Block at 7044 Ogden Road. This building had been scheduled for demolition in the fall of 2021. This structure was originally built as the Hong Lee Laundry in 1914. From about 1916-19, it was used as an extension hospital for the Ogden Military Convalescent Hospital, which was housed in the former Ogden Hotel up the street. The Ogden Block was added to the City's Inventory of Evaluated Historic Resources in December, and is identifed as a “rare and early commercial Edwardian building", as well as a "rare, extant example of pre-First World War main street development”. Although the building has been identified as historically significant, its future remains uncertain due to space constraints behind it where the Green Line alignment is to go. At this point, the Province is looking into what can be done to preserve this important piece of our community's history.

We plan on submitting a column to the MOCA newsletter each month, highlighting an important heritage building each time. We have a number of other exciting projects in mind for the future as well, and are always looking for interested community members to join us. If you would like to help preserve the heritage of our community, please get in touch!Email the Ogden Heritage Group at **bonnylynn98@gmail.ca**.

ycc
YOUTH CENTRES OF CALGARY
Grab&Go Breakfast
MON-FRI 7:30AM-8:30AM
May 2- June 31
FREE BREAKFAST
Come to YCC for free hot breakfast on your way to school!
OPEN TO All SCHOOL AGED KIDS
7400 23 ST SE, CALGARY, AB T2C 0X5
@YOUTHCENTREOGDEN
INFO@YOUTHCENTRESOFCALGARY.COM

Thank You!
We would like to give a warm "thank you" to the Lion's Southridge Lion's Club for making a generous donation to our community. This donation will go towards the expansion project of the Millican-Ogden Community Center.
Thank you for your generosity to our ever-growing community center. We couldn't have done it without you!
MILLICAN-OGDEN
COMMUNITY ASSOCIATION

Mother's Day Lunch
Baking & Craft Sale
May 6 / 2022
10:00AM - 1:30PM
Tickets - $5.00
• For Bake sale and Craft sale – proceeds go to support The Ogden House.
• If you would like to sell your own Artwork and crafts, you can set up in the sale. In order to do so you need to rent a table for the cost of $25.00.
• Call 403-279-2003 Ext - 202 for table bookings before May 4th.
LOCATED @ OGDEN SENIORS HOUSE
2102 69 AVE SE, CALGARY, AB T2C 3Y4
We will be providing sandwiches and cake for lunch

COMMUNITY GARDEN

Last month's update was all about fundraising, and we've got good news on that front: we've been awarded a grant from the TD Friends of the Environment Foundation which puts us in a position to begin building the garden this month!
You might have seen the sign we put up at the corner of 18th Street and 69th Avenue, this will be the future site of the garden. Here's how you can get involved:

1. Help build the garden

We have the funds to buy materials, but those raised beds aren't going to build themselves. We're looking for volunteers willing to help us assemble the raised beds and fill them with soil. Our build weekend is going to be May 14th and 15th (mark those dates in your calendar). We'll provide the raw materials, food, and refreshments; you just need to provide the labour.
If you're interested in helping build the garden, sign up at: https://www.locg.ca/volunteer

2. Rent a garden bed

If you're interested in renting a bed this summer, we are taking reservations now. We are not accepting payments yet, but once the boxes are built, gardeners will be required to sign a rental agreement, pay the rental fee and hold a MOCA membership. Pricing will be:
·8' x 4' boxes are $45 per season
·4' x 4' boxes are $22.50 per season
If you're interested in renting, reserve your garden bed today at: https://www.locg.ca/rent

3. Donate towards the next stages of construction

We've raised enough money to build the raised beds, but that's only a small component of our overall plans for the garden. The next goal we've set our eyes on is building a fence around the garden to discourage pests from enjoying the buffet everyone will be planting in their raised beds.
If you want to contribute towards the construction of the fence, donate today at: https://www.locg.ca/donate

CALGARY FOUNDATION
FOR COMMUNITY, FOREVER

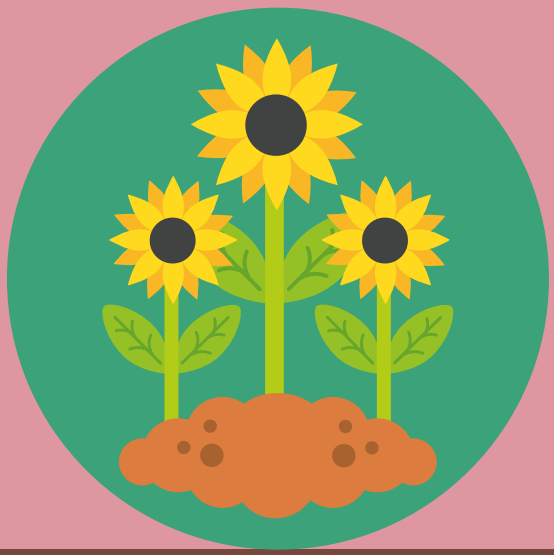
That's it for this month, it's going to be busy but we aren't far from getting our hands in the soil and planting. As always, see our website at https://www.locg.ca for news and updates.

Gardening Tips

It's that time of year! May is a great month for planning out how you want your garden to look, as well as which vegetables and flowers you'll grow. Here are a few tips to help start your garden off on the right track!

Follow the Sun

Before setting up your garden, pay attention to where the sun falls in your yard. Locating your garden's sunny areas is a great first step to starting your garden! Keep in mind that most edible plants require at least 6 hours of sunlight in order to thrive



Stay Close to Water

Another factor to consider is how close your garden will be to a water source. Do you have a hose you can run through your garden? Or will you have to lug around a watering can and make multiple trips to and from your water source?

TIP: not sure if your plants are ready to be watered? Push your finger an inch down into the soil. If it's dry, then it's time to water!

Consider Containers

Can't find suitable space in your yard for an in-ground garden? Consider using containers! You can grow vegetables, fruit trees, herbs, flowers, and many more plants inside containers. It's important to ensure that the containers have holes in the bottom to ensure proper water drainage.

Information from: https://www.miraclegro.com/en-ca/library/gardening-tips-essentials-basics/10-top-gardening-tips-beginners

BUSINESS SECTION

CML
Canadian Mortgage Lender
www.cmlmortgages.com

Dale Parry
Mortgage Professional
P. 403-875-8851
E. dale.parry@cmlmortgages.com
www.daleparry.ca

For Your Mortgage Questions!
Contact me today!

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fixture installs - garage heaters
leaks - sinks - showers - toilets
furnace install & service - gas lines
Mike and DRAIN CLEANING!!
403-479-9226

NOW
IS THE BEST TIME
TO SELL YOUR HOUSE

Total Residential Benchmark Price Change for Ogden compared to last February

↑ 12.4% Y/Y

(Average Benchmark Price, from Feb 2022 over Feb 2021)

GW Colleen Whelan Real Estate Team
BLESS THIS HOUSE
MaxWell Capital Realty
www.BlessThisHouse.ca

•Community Centred
•Service Oriented
•Experienced & Knowledgable

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Contact us today to discuss your real estate goals

COLLEEN WHELAN
REALTOR®
403-471-4234
colleen@blessthishouse.ca

CORINNE MAHER
Real Estate Assistant
403-978-2989
corinne@blessthishouse.ca

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Access the care you need with free dental sedation.

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ffdental.ca
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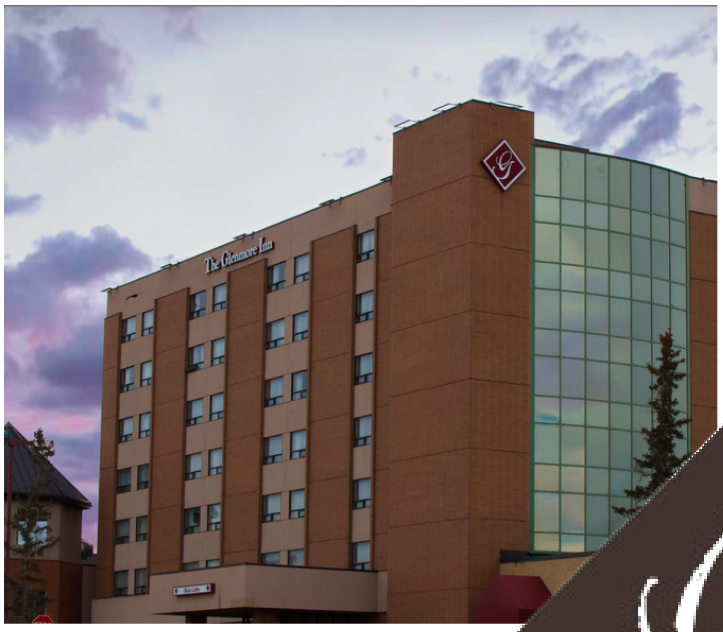
Glenmore Inn & Convention Centre



Garden Court Restaurant open daily from 6:30am-2:00pm.

Monday–Friday featuring daily plated lunch and soup specials.

Saturday & Sunday dinner buffet 5:00pm–9:00pm.

KIDS EAT FREE every Sunday evening buffet. 1 child (under 10) will eat free for each paying adult.

Sunday Brunch 10:00am-2:00pm.

Elbow Lounge open daily from 2:00pm-10:00pm.

Carving Board Restaurant open Monday-Friday from 5:00pm-10:00pm.

Located at 1000 Glenmore Court SE Calgary, Alberta T2C 2E6
Toll Free: (800)661-3163 | (403) 279-8611
Email: reservations@glenmoreinn.com