

THE MOCA MOTION



**MILlican-OGDEN
COMMUNITY ASSOCIATION**

**MILlican OGDEN
COMMUNITY ASSOCIATION**

Stampede Breakfast

Join us for pancakes, coffee,
music, and dancing!

**JULY 14, 2022 • 9-11AM • HELD AT THE
MILlican OGDEN COMMUNITY CENTRE**

NEWSLETTER CONTENTS:

MOCA Info	2
MLA	3
President Report	4
Jack Setter Arena	5
Community Directory	5
SECCRC	6
MOCA Rental Info	7
Ogden House 50+	8
Articles	9-10
Business Section	11-14

MOCA Office

Mon-Fri 9:00am-12:00pm

Planning on visiting the MOCA
Office?

Please call **403-279-4530** to
make sure we are open

MOCA INFORMATION



MOCA Main Office

Rentals, Memberships, Volunteering

Location: 2110 69 Avenue SE

Telephone: 403-279-4530

Website: www.millicanogdencommunity.com

Rental inquiries: rentals@millicanogdencommunity.com

Office hours: 9:00am - 12:00pm

Jack Setter Arena

Location: 2086 69 Avenue SE

Telephone: 403-236-3727

SE Calgary Community Resource Centre

Location: 2734 76 Avenue SE

Telephone: 403-720-3322



BOARD OF DIRECTORS

President John McDonald
1st Vice President ... Lorraine Robinson
Treasurer Sarah Atkinson
Secretary Zev Klymochko
Human Resources Lorraine Robinson
Angela Cruickshank

SEC CRC Liaison Lorraine Robinson
Angela Cruickshank

Civic Affairs Barry Bickford
John McDonald
Rick Smith
Zev Klymochko

Facilities Jim Logan
Rick Smith
Community Hall Jim Logan
Expansion Barry Bickford
Rick Smith

A MESSAGE FROM OUR MLA, TANYA FIR

Dear Neighbours,

Alberta job numbers are way up. According to the May 2022 Labour Force Survey, our province added 60,600 full-time jobs last month, all while unemployment plummeted to 5.3 per cent, its lowest level since 2014. This marks seven straight months of job growth across a wide variety of economic sectors. Not only energy jobs, one news story noted that job growth in scientific and technical services, as well as transportation and warehousing, made-up most of our job gains.

With our balanced budget, job growth, and low taxes, Alberta is truly back. Of all the jobs created across the country last month, Alberta accounted for 69 per cent of that growth. Additionally, a recent report by Statistics Canada showed that Albertans are currently enjoying the highest average weekly earnings in the country. Albertans are working more, and they are earning more too! These numbers are good news for all Albertans and mean that our economy is on the rebound and well on its way to a full recovery. Alberta's Recovery Plan is working to diversify the economy and create good jobs for Alberta families, and Alberta is once again the economic engine of Canada, as well as a lighthouse of opportunity for all those seeking economic prosperity from across the country and world.

In other important news, Alberta's Court of Appeal has ruled that Bill C-69 – Justin Trudeau's "No More Pipelines" law – is unconstitutional. This was a historic moment in Alberta's fight for a fair deal within the Canadian federation. It was also a major win for Alberta's energy sector and the more than 100,000 hardworking men and women who are employed in it.



Tanya Fir
MLA Calgary-Peigan,
Associate Minister of Red Tape Reduction
587.392.8850
calgary.peigan@assembly.ab.ca

Summer is upon us and I hope you enjoy Stampede, BBQ's, family vacations, camping season and more!

THANK YOU MILLICAN-OGDEN AND LYNNWOOD RESIDENTS

For participating in the first stage of our Community Beautification project on May 28th. We are so grateful for the overwhelming support and interest in "beautifying" our community!

If you picked up gardening materials from us, please email pictures of your lawns/gardens at **generalmanager@millicanogdencommunity.com** to be featured in our monthly newsletter!



MOCA PRESIDENT REPORT



On behalf of the MOCA Board, I would like to take this opportunity to thank all our MOCA residents for their ongoing support throughout this past year. MOCA's present fiscal year terminated on May 31st with the new fiscal year beginning on June 1st. The June 1st 2022 to May 31st 2023 Budget will be approved at a Special Directors' Meeting in July.

With the end of MOCA's fiscal year, comes a reminder to renew MOCA Memberships. To view the numerous discounts that accompany a MOCA membership, please visit the MOCA website:

<https://www.millicanogdencommunity.com/index.php/about/memberships/>. Please note to be nominated as a Board Member at MOCA's AGM of Tuesday, October 11, 2022, a requirement is the purchase of a MOCA Membership 30 days or more prior to the AGM. For residents in attendance, and wanting to vote, memberships can be purchased prior to, or on the evening of the AGM. MOCA is seeking additional Board Members. The Bylaws allow for up to 12 Directors, and we would appreciate the presence of additional directors to our present slate of 7 directors. If interested in receiving additional information, please contact myself, Lorraine Robinson, Vice-President, HR, Policy & Procedures, and SE CCRC Liaison at hropolicyprocedure@millicanogdencommunity.com. As you can see with the many portfolios I am assigned to, the presence of additional directors would be of a great asset to MOCA.

You are all invited to attend MOCA's Stampede Breakfast being offered in collaboration with the Ogden Seniors' Centre and the South East Calgary Community Resource Center (SE CCRC) on July 14th between 9 and 11 am.

Congratulations to Jane Wakowich, Executive Director of the Youth Centers of Calgary (YYC), including the one located in our community: Ogden YYC, was nominated Calgary's 2022 Citizen of the Year. This award recognizes the exceptional work she has been doing to enrich the lives of Calgary youth, particular the youth of our community in the Ogden YYC home located at 7400 23 Street SE. MOCA is very grateful that Jane chose our community to establish her first Youth Center of Calgary. For your further information on her work, please consult the following link: <https://www.youtube.com/watch?v=7lK4126ZazY&t=2s>. For summer programs at the center, please consult the Ogden YYC website:

<https://youthcentresofcalgary.com/>. Along with recognizing Jane's incredible devotion and commitment, the MOCA Board also extends its sincere appreciation to the countless volunteers who work alongside Jane to make the YYC such a positive experience for Calgary Youth.

If interested in supporting the work of YYC, you are invited to attend the HMCS Hoedown organized by the Captain and Crew of HMCS Calgary on Wednesday, July 6, 2022 from 5 to 9 pm at the Crossroads Farmers' Market where the proceeds of the event will be distributed between Youth Centres of Calgary and the Calgary Burn Unit. For more information, consult the following link: <https://happeningnext.com/event/hmcs-calgary-hoedown-eid4snw1muu5k1>

The Community Garden Program has proven to be most successful. As you drive along 18th street, at the far corner you will notice that the garden has all of its 35 full garden beds and 8 of its half beds rented. The cost of rental in addition to a MOCA Membership, is \$45 full bed/\$22.50 for a half bed. The Community Garden is proving to be a very sociable gathering area. The Garden Tea, held in the garden in mid-June, was well attended.

During the summer months, numerous free activities are being organized by the City of Calgary. Please consult the City of Calgary program at: <https://www.calgary.ca/csps/free-activities.html?redirect=/free>

In closing, MOCA expresses its gratitude for the ongoing work of the MOCA and the SE CCRC staff. The arena has been very busy with ball hockey this spring and it will continue until the end of July. We are presently recruiting a Facilities Supervisor and Facility Attendants for the fall-Winter season. For more information, please consult the job posting on our website. The SE CCRC continues to provide exceptional service to those in need not only in our community, but throughout the City. Please check their website for should you or someone you know be in need of support:

<https://www.millicanogdencommunity.com/index.php/community/se-calgary-community-resource-centre/>

A special thank you goes out to each of the present MOCA Directors. Your time and commitment is most appreciated. Wishing each of you a most wonderful summer season with your family and loved ones. This wish is also extended out to all the MOCA residents. We hope to see you at the next MOCA General Meeting to be held on Tuesday, September 6, 2022 at 7 pm in the MOCA Hall.



Jack Setters Arena

Location: 2086 69 Avenue SE

Are you looking for a venue to host a large event? The Jack Setters Arena dry pad is available to rent for parties, reunions, BBQs, sports teams, and many other possibilities during the summer season.

Interested in booking Jack Setter Arena for your event?
Please call (403) 279-4530 for more information!

COMMUNITY DIRECTORY

PROGRAMS

Blackfoot Hockey	403-640-9113
Girl Guides	403-283-8348
77th East Glenmore Scouts	403-279-3960
Panther's Tae Kwan Do	403-606-2231
Wildrose Figure Skating Club	403-828-4777
WRC Soccer	403-271-8044

SCHOOLS

Banting & Best Elementary (K-3)	403-777-8650
St. Bernadette (K-6)	403-500-2020
Sherwood (4-9)	403-777-7590
Alamdina Charter School	403-543-5070
Happy Days Preschool	403-236-1268

PLACES OF WORSHIP

St. Bernadette Church	403-236-2979
The Neighborhood Church	403-264-0598
Avenue Church	403-279-3663
Ogden United Church	403-279-4824
Riverview Christian Church	403-279-6334
St. Augustine's Anglican Church	403-279-3105

MEDICAL

Ogden Medical Clinic	403-879-9345
Lynnwood Medical Clinic	403-279-3311
Momentum Health	403-236-0106
Lynnwood Physio	403-454-1331
Friends & Family Dental Health	403-236-5171

COMMUNITY RESOURCES

Calgary Police Services	403-428-6600	MP- Tom Kmiec	403-974-1285
Calgary Public Library	403-260-2600	SE Calgary Community Resource	403-720-3322
Calgary Airport Authority	403-735-1408	Centre	
Ward 9- Councillor Carra	403-268-5330	Ogden 50+ Activity Club	403-279-2003
MLA- Tanya Fir	587-392-8850	Silvera for Seniors	403-276-5541



Monthly

Newsletter

SE Calgary Community Resource Centre

July

2022

**2734
76 Avenue SE**

Hours of Operation:

Monday -Friday

8:00-4:00PM

(Closed) 12:00-1:00PM

403-720-3322

Mission Statement

To provide information, education, referrals, and advocacy with kindness and care.

Community Tool Lending Shed

The Community Tool Lending shed is available to the public for yard care tools to borrow!



Did you know?

26% of families in our communities are lone parent families and 26% of the children live in poverty.

Help us help them to have the things they need to live healthier lives, like diapers, school snacks, & bedding

Thank you!

How we can help:

At the Southeast Calgary Community Resource Centre we can help you with your job search, resume writing, & practice with interview skills. We also offer help with advocacy, assistance with applying to

government benefits, & referrals.

On the second floor you will find a free computer lab with printing, faxing and other services available during our hours of operation. Please call to book an appointment with our Career & Community Connections specialists.

Services Available:

Free Clothing Room
Open Monday-Friday
9:00-11:00am & 1:00-3:00pm

If you are a lone parent or know of any one who is a lone parent in need of support, we offer counselling, one on one support, parenting education and a drop in and play centre.

Millican Ogden Community Association

2110 69 Avenue SE

P: (403) 279-4530

E: rentals@millicanogdencommunity.com

AVAILABLE RENTALS - Upper Hall

Select venue rentals available for:

- Private events
- Day camps
- First Aid classes (*Professional Development*)
- Home schooling (*gym*)
- Fitness classes
- Meetings
- Art sessions, etc.
- You name it , we will try to accommodate

Rental Fees:

- \$50/hr (min. 2 hours)
- \$500 Refundable Damage Deposit
- Event Package \$750 (Friday 1pm to Sunday 9am)

Amenities:

- Commercial Fridge
- Microwave
- Coffee Urn - 100 cup
- Sink
- Tables/ Chairs



Ogden House 50+ Activity Centre - Everyone is Welcome!

Our Center is a place that gives meaning to the lives of our club members. By engaging people socially, emotionally, physically, and intellectually, we reduce isolation, reduce mental fatigue, and bring happiness and social inclusion. We invite everyone to visit us and check the activities we have.

Our Center is fully renovated. We invite you to come visit us and check out the activities that we have.

Our address is **2102 - 69th Avenue SE
Calgary T2C 3Y4**

Retired or not, there is a program or activity for your life and schedule. Call or drop by!

For further information please call **403-279-2003**, email **zoe@ogden50plus.org**, or visit our website **www.ogden50plus.org**



Summer at Ogden House 50 + Activity Centre

For further information please call 403-279-2003 or email Zoë at: **zoe@ogden50plus.org**

Our center is fully renovated. We invite you to come visit us and check out the activities that we have. Our address is 2102 - 69th Avenue SE Calgary T2C 3Y4

Retired or not, there is a program or activity for your life and schedule. Call or drop by!

Visit our website at **ogden50plus.org** or find us on Facebook at Ogden House Senior Citizen Club

The Club is open from 8:00 am to 4:00 pm - Current programs:

MENS COFFEE: Monday, Wednesday & Friday 8:30 AM to 10:30 AM

LADIES COFFEE: Tuesday & Thursday 10:00 AM to 12:00 PM

**TABLE TENNIS: Monday, Tuesday & Thursday 9:00 AM - 12:00 PM,
Friday 11:30 AM - 4:00 PM**

MAHJONG: Every Tuesday 3:00 PM - 5:00 PM

***New* COMPUTER CLASS: Wednesday 1:00 PM - 2:00 PM**

**PICKLEBALL: Tuesday & Thursday 12:00 PM - 3:00 PM, Wednesday
9:00 AM - 12:00 AM, Friday 12:00 PM - 4:00 PM**

**CARPET BOWLING: Monday 1:00 PM - 3:00 PM & Wednesday 12:00
PM - 3:00 PM**

PAINTING: Tuesday & Thursday 9:30 AM - 11:30 AM

QUILTING: Monday 9:00 AM - 11:00 AM & 1:00 PM - 3:00 PM

ZUMBA: Thursday 3:00 PM - 4:00 PM

CRIBBAGE: Tuesday & Thursday 1:00 PM - 3:00 PM

GAME NIGHTS: Wednesday 7:00 PM - 9:00 PM

HAPPY HOUR: Friday at 3:00 PM

FREE LEGAL CLINIC - JULY 28TH 12 PM

Topics include wills, guardian law, personal directives, estates, and power of attorney.

POTLUCK LUNCH - Every Wednesday at 12 PM

Stop by the center with two sandwiches, one for you and one to share. All fillings are welcome! If you don't want to bring a sandwich, pay \$3 for lunch. Dessert provided.

The Housekeeping Program continues working and helping seniors. This is a convenient service to help low-income seniors to keep their home clean and safe. Services can be provided even if you do not qualify for the Government Program. If you do not qualify, you get the services for a setup rate. To apply or for more info please contact Erika Rodriguez, Supervisor. (587) 839-6405. Call or text.

SILVER SHADES PODCAST, Ogden House continues with the podcast available to all of you. You can find the podcast on the website **silvershades.ca**; Spotify, Overcast, Apple podcast, Pocket cast and Google podcast. On this podcast, we will discuss topics of importance to seniors and the community in general. We will also share stories and connect with seniors in the city. For suggestions for what to cover in the podcast or comments, please refer to the feedback form on the website.

OGDEN HERITAGE

THE OGDEN BLOCK

The Ogden Block, at 7044 Ogden Road, has a long and interesting history. Built in 1914 by Chinese immigrants Eng Hon Quon and Eng Hon Yun, the structure was originally used as a laundromat. Clothing and other items belonging to town residents would have been laundered there, as well as the uniforms worn by CPR employees. The building was also a rooming house with 18 rooms for rent upstairs where travelling CPR employees and newcomers to Ogden would have stayed.

In July of 1915, the building was used as a polling station for the prohibition referendum vote. The referendum passed, banning the sale of liquor in Alberta. This was unwelcome news for the Ogden Hotel up the street, as the sale of alcohol in its bar was its main source of revenue. As a result, the hotel closed down and was donated to the Red Cross to be used as a military hospital for soldiers injured during the First World War. Around this time, an Eliza Penhall bought the building at 7044 Ogden Road. It soon became an annex for the Ogden Military Convalescent Hospital and was used for this purpose until 1919. The rooms upstairs would have accommodated many wounded soldiers, and hospital staff would have easily traveled back and forth between the two buildings.



Since that time, the building has been used as residences, with a brief stint when there was also an ice cream store located inside. The configuration of the the suites inside has changed over the years, with smaller rooms being incorporated into larger suites. The building was scheduled for demolition in the fall of 2021, but demoliton was halted so the Province could conduct a heritage assessment.

The Ogden Block has been identified as a "rare and early commercial Edwardian building", as well as a "rare, extant example of pre-First World War main street development", and is now included in Calgary's Inventory of Evaluated Historic Resources. With ties to the early Chinese community, the CPR, and the Ogden Military Convalescent Hospital, the Ogden Block certainly is a gem within our community. Its future remains uncertain, however, as the City investigates how to incorporate it with the alignment required behind for the upcoming Green Line project. At this time, the building is on the Calgary Heritage Initiative's list of Top Ten Endangered Buildings within our city.

If you would like to help preserve the heritage of our community, please get in touch!
Email the Ogden Heritage Group at wilkatm@shaw.ca.



Summer on 17th is a massive free event taking place in Tomkins Park from July 1 to September 21. You heard it here first, 'Summer on 17th' is filling up your calendar for the months of July, August and September with live music, fitness classes, DJ and drag shows, outdoor movies and more, all of which are FREE and happening nearly every day of the week. Visit <https://17thave.ca/summer/> for more info!

THINGS TO DO THIS JULY



Explore the region's Indigenous history with **Many Chief Tours** and local Indigenous guide Tarra Wright Many Chief this summer. The Indigenous-owned and operated business offers visitors and locals to experience the importance of the area's past and learn the Blackfoot's way of life.



The Mohinkstsis Tour is an authentic Indigenous walking tour of St. Patrick's Island, and the Siksikaitstapi Medicine Wheel Tour teaches about the Blackfoot's connection to the environment in Nose Hill Park. Visit <https://www.manychieftours.com/> for more information!

An 11,000 square foot inflatable installation will pop up at TELUS Spark Science Centre this July. The immersive installation is called **Luminarium**, and has a labyrinth of colourful tunnels and cavernous domes. Visit

<https://www.sparkscience.ca/brain-freeze/luminarium> for more information!



Calgary



On behalf of Calgary Community Standards & Waste and Recycling Services

Thank you, Millican - Ogden Community Association

Congratulations on a successful **Community Cleanup** on May 7th, 2022.

The weight collected for this year:

Garbage: 9860 kg

Thank you to the Community Association and residents for your commitment to keeping our communities healthy, safe and vibrant.

All ads placed in the business section are paid advertisements with no endorsement by MOCA

BUSINESS SECTION



Dale Parry
Mortgage Professional
P. 403-875-8851
E. dale.parry@cmlmortgages.com
www.daleparry.ca





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kitchen/bath renovations
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leaks - sinks - showers - toilets
furnace install & service - gas lines

Mike and DRAIN CLEANING!!

403-479-9226

CONGRATULATIONS COLLEEN FOR BEING AWARDED THE 2021 REALTOR® OF THE YEAR – T.W.H. (BILL) SAUNDERS MEMORIAL AWARD!

This accolade is the most prestigious award a CREB® (Calgary Real Estate Board) member can receive and recognizes REALTORS® who exemplify high standards of professionalism, integrity, and outstanding dedication to the community.

"I am so honoured," said Colleen, after she was announced as the award recipient on Friday evening. "To be recognized in this way is probably the highest honour I could ever be granted."

GW Colleen Whelan
Real Estate Team
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www.BlessThisHouse.ca

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REALTOR®
403-471-4234
colleen@blessthishouse.ca

CORINNE MAHER
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corinne@blessthishouse.ca

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a free consultation with
Dr. Jeffrey Ma to find out.



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**Scan here to
book online!**

Glenmore Inn & Convention Centre



Garden Court Restaurant open daily from
6:30am-2:00pm.

Monday-Friday featuring daily plated lunch
and soup specials.

Saturday & Sunday dinner buffet 5:00pm-
9:00pm.

KIDS EAT FREE every Sunday
evening buffet. 1 child (under 10) will
eat free for each paying adult.



Sunday Brunch 10:00am-2:00pm.

Elbow Lounge open daily from
2:00pm-10:00pm.

Carving Board Restaurant open
Monday-Friday from 5:00pm-
10:00pm.



Located at 1000 Glenmore Court SE Calgary, Alberta T2C 2E6
Toll Free: (800)661-3163 | (403) 279-8611
Email: reservations@glenmoreinn.com

ycc
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July 4 - Aug. 26
11:00 AM - 3:00 PM

Activities:

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Register at YCC

For more information:
INFO@YOUTHCENTRESOFCALGARY.COM
7400 23 St SE, Calgary AB,
T2C0X9

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