

THE MOCA MOTION



**MILLICAN-OGDEN
COMMUNITY ASSOCIATION**



**MILLICAN-OGDEN
COMMUNITY ASSOCIATION**



RIVERBEND
• community association •

VOLUNTEERS NEEDED FOR COMMUNITY CLEAN UP DAY

SATURDAY MAY 07 | 9AM - 2 PM



LEARN MORE & SIGN UP ONLINE

@

WWW.RIVERBENDCOMMUNITY.CA

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MOCA Office

Mon-Fri 9:00am-12:00pm

Planning on visiting the MOCA
Office?

Please call **403-279-4530** to
make sure we are open

MOCA INFORMATION



MOCA GENERAL MEETING



The next General Meeting will be held on May 3rd at 7:00pm in the MOCA Upper Hall

This is a great opportunity to find out what's happening in your community. We hope to see you there!

FACILITIES

MOCA Main Office

Rentals, Memberships, Volunteering

Location: 2110 69 Avenue SE

Telephone: 403-279-4530

Website: www.millicanogdencommunity.com

Rental inquiries: rentals@millicanogdencommunity.com

Office hours: 9:00AM - 12:00 PM

Jack Setter Arena

Location: 2086 69 Avenue SE

Telephone: 403-236-3727

SE Calgary Community Resource Centre

Location: 2734 76 Avenue SE

Telephone: 403-720-3322

BOARD OF DIRECTORS

President John McDonald
1st Vice President Lorraine Robinson
Treasurer Sarah Atkinson
Secretary Zev Klymochko
Human Resources Lorraine Robinson
Angela Cruickshank
SEC CRC Liaison Lorraine Robinson
Angela Cruickshank

Civic Affairs Barry Bickford
John McDonald
Rick Smith
Zev Klymochko
Facilities Jim Logan
Rick Smith
Community Hall Jim Logan
Expansion Barry Bickford
Rick Smith

A MESSAGE FROM OUR MLA, TANYA FIR

Dear Neighbours,

Spring in Alberta is a season of renewal and hope. While we have been through some of the biggest challenges of our lifetimes over the last couple of years, we continue to see growing opportunities and an abundance of hope for our future.

Our government has been working hard over the last few years laying the groundwork for economic recovery. Lowering the corporate tax rate has been a major attractant for investment and is creating jobs today and for the future. Our economic growth means Alberta will collect roughly \$400 million more in annual corporate tax revenue at an 8% rate than the NDP did at 12%.

Our tech sector is booming with thousands of high-quality jobs waiting to be filled. Film and television saw its best year ever last year and the industry continues to grow right here in Calgary-Peigan! We've also seen five major hydrogen projects announced, a booming oil and gas sector and more new investments in our province every single day.

All these investments in Alberta means more revenue being invested into healthcare, schools, childcare, roads and other critical infrastructure – areas our government is proud to be investing in. Alberta's Capital Plan will expand capacity in the health care system and build schools in every corner of the province. This will create jobs and ensure our province can meet the needs of families into the future.

And when we have a balanced budget, we can pay down our debt and invest more into supporting the health and wellbeing of all Albertans. We are seeing increases in funding to support greater healthcare capacity, enhanced childcare and increased funding for education. A balanced budget means a better quality of life and more opportunities for you and your family. You deserve a government who cares about the bottom line, because it means caring about you and the future for your children.



Tanya Fir
MLA Calgary-Peigan,
Associate Minister of Red Tape Reduction
587.392.8850
calgary.peigan@assembly.ab.ca

MILLICAN-OGDEN COMMUNITY ASSOCIATION

VOLUNTEERS NEEDED!



Interested in joining us?

Call us at (403) 279-4530 or email us at generalmanager@millicanogdencommunity.com

We are looking forward to your help!



MILLICAN-OGDEN
COMMUNITY ASSOCIATION

WE NEED HELP WITH:

Community Clean-Up

May 7th, 2022 from 8:45-2:15

- Two different shifts available between 8:45AM and 2:15 PM
- Day-of operations

Stampede Breakfast

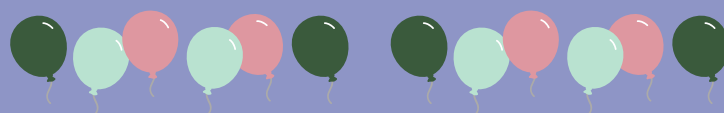
July 14th, 2022 from 9-11

- Setting up and taking down tables
- Serving food and drinks
- Line control



JACK SETTER ARENA

**ARENA IS NOW AVAILABLE
TO RENT FOR REUNIONS,
WEDDINGS, PARTIES, AND
MANY MORE!**



Interested in booking Jack Setter Arena for your event?
Please call (403) 279-4530 for more information!



COMMUNITY DIRECTORY

PROGRAMS

| | |
|------------------------------|--------------|
| Blackfoot Hockey | 403-640-9113 |
| Girl Guides | 403-283-8348 |
| 77th East Glenmore Scouts | 403-279-3960 |
| Panther's Tae Kwan Do | 403-606-2231 |
| Wildrose Figure Skating Club | 403-828-4777 |
| WRC Soccer | 403-271-8044 |

SCHOOLS

| | |
|---------------------------------|--------------|
| Banting & Best Elementary (K-3) | 403-777-8650 |
| St. Bernadette (K-6) | 403-500-2020 |
| Sherwood (4-9) | 403-777-7590 |
| Alamdina Charter School | 403-543-5070 |
| Happy Days Preschool | 403-236-1268 |

PLACES OF WORSHIP

| | |
|---------------------------------|--------------|
| St. Bernadette Church | 403-236-2979 |
| The Neighborhood Church | 403-264-0598 |
| Avenue Church | 403-279-3663 |
| Ogden United Church | 403-279-4824 |
| Riverview Christian Church | 403-279-6334 |
| St. Augustine's Anglican Church | 403-279-3105 |

MEDICAL

| | |
|--------------------------------|--------------|
| Ogden Medical Clinic | 403-879-9345 |
| Lynnwood Medical Clinic | 403-279-3311 |
| Momentum Health | 403-236-0106 |
| Lynnwood Physio | 403-454-1331 |
| Friends & Family Dental Health | 403-236-5171 |

COMMUNITY RESOURCES

| | | | |
|---------------------------|--------------|-------------------------------|--------------|
| Calgary Police Services | 403-428-6600 | MP- Tom Kmiec | 403-974-1285 |
| Calgary Public Library | 403-260-2600 | SE Calgary Community Resource | 403-720-3322 |
| Calgary Airport Authority | 403-735-1408 | Centre | |
| Ward 9- Councillor Carra | 403-268-5330 | Ogden 50+ Activity Club | 403-279-2003 |
| MLA- Tanya Fir | 587-392-8850 | Silvera for Seniors | 403-276-5541 |





2734—76 Avenue SE Calgary, AB T2C 4W9

403.720.3322

HOURS: Mon—Fri, 8:00am — 4:00 pm

(Closed 12pm — 1pm)

www.secalgarycrc.ca

May Newsletter

Community Tool Lending Shed Opening Soon!!



*We have started a
community tool lending
shed for anyone looking
for yard care tools to
borrow!*

- Lawn mowers*
- Shovels*
- Rakes*
- Shears & much more!*

*The shed will be available
every Friday afternoon-
starting April 29th
between 1:00-4:00pm.*

Mission Statement:

*To provide information,
education, referrals, and
advocacy with kindness
and care.*



Watch out for our
Let It Grow Event
coming middle of May!

Be sure to follow our
Facebook Page
**SE Calgary
Community Resource
Centre**
to get all the details!

Here's what we can help with:

- Resumes,
job applications,
interview skills*
- Basic needs
referrals,
advocacy,
emergency food,
hygiene products*
- Access to
computers,
faxing and printing*
- Counselling*





Millican Ogden Community Association

2110 69 Avenue SE

P: (403) 279-4530

E: rentals@millicanogdencommunity.com

AVAILABLE RENTALS - Upper Hall

Select venue rentals available for:

- Private events
- Day camps
- First Aid classes (*Professional Development*)
- Home schooling (*gym*)
- Fitness classes
- Meetings
- Art sessions, etc.
- You name it , we will try to accommodate

Rental Fees:

- \$50/hr (min. 2 hours)
- \$500 Refundable Damage Deposit
- Event Package \$750 (Friday 1pm to Sunday 9am)

Amenities:

- Commercial Fridge
- Microwave
- Coffee Urn - 100 cup
- Sink
- Tables/ Chairs



Ogden House 50+ Activity Centre - Everyone is Welcome!



MOTHER'S DAY LUNCH, BAKING AND CRAFT SALE ON MAY 6TH FROM 10:00 AM TO 1:30 PM!!! EVERYBODY WELCOME!

**PLEASE JOIN US FOR CHAIR YOGA IN PERSON AT
OGDEN HOUSE SENIOR CITIZENS CLUB
STARTING MAY 4TH AT 11:20 AM TO 12:20 PM**

The Club is open from 8:00 am to 4:00 pm and our current programs are:

- MENS COFFEE: Monday, Wednesday, Friday from 8:30 to 10:30 am
- LADIES COFFEE: Tuesday & Thursday from 10:00 am to 12:00 pm
- TABLE TENNIS: Monday: 9:00 am - 12:00 and Tuesday/Thursday/Friday: 9:00 am - 12:00 pm
- MAHJONG: every Tuesday from 3:00 pm - 5:00 pm
- NEW ACTIVITY PICKLEBALL: Tuesday/Thursday/Friday: 12:00pm - 3:00 pm AND Wednesday from 9:00 am - 12:00 pm
- CARPET BOWLING: Monday from 1:00pm to 3:00 pm)
- PAINTING: Tuesday/Thursday from 9:30 am-11:30am
- QUILTING: Monday 9:1:00pm-3:00pm
- CARPET BOWLING & POTLUCK: Wednesday 12:00pm-3:00pm
- ZUMBA: Thursday 3:00pm-4:00pm
- CRIBBAGE: Tuesday/Thursday 1:00pm-3:00pm
- SILVER SHADES PODCAST:every Thursday at 3:00 pm
- GAME NIGHTS ON Wednesday AND Thursday FROM 7:00pm - 9:00 pm
- BBQ BURGER SERVE ALONG WITH HAPPY HOUR 4:00 PM ON MAY 13TH
- TGIF DINNER ON May 27th at 5:00 pm. Please order before April 25th by 4:00pm

Our Center is a place that gives meaning to the lives of our club members. By engaging people socially, emotionally, physically, and intellectually, we reduce isolation, reduce mental fatigue, and bring happiness and social inclusion. We invite everyone to visit us and check the activities we have.

Our Center is fully renovated. We invite you to come visit us and check out the activities that we have.

Our address is **2102 - 69th Avenue SE
Calgary T2C 3Y4**

Retired or not, there is a program or activity for your life and schedule. Call or drop by!

For further information please call **403-279-2003**, email **erika@ogden50plus.org** or **renata@ogden50plus.org**, or visit our website **www.ogden50plus.org**
HAPPY EASTER!

The Housekeeping Program continues working and helping seniors. This is a convenient service to help low-income seniors to keep their home clean and safe. Services can be provided even if you do not qualify for the Government Program. If you do not qualify, you get the services for a setup rate. To apply or for more info please contact Erika Rodriguez, Supervisor. (587) 839-6405.Call or text.

SILVER SHADES PODCAST, Ogden House continues with the podcast available to all of you. You can find the podcast on the website silvershades.ca; Spotify, Overcast, Apple podcast, Pocket cast and Google podcast. On this podcast, we will discuss topics of importance to seniors and the community in general. We will also share stories and connect with seniors in the city. For suggestions for what to cover in the podcast or comments, please refer to the feedback form on the website.



OGDEN HERITAGE



Did you know that Ogden is one of Calgary's oldest communities? Are you aware that our community contains an abundance of heritage buildings, many with a significant past?

The Ogden Heritage Group is a committee that formed last summer, with the goal of preserving and celebrating our community's built heritage. We have been involved in a number of projects since our inception.



We have completed an inventory of heritage buildings within Millican-Ogden, and have submitted the data to Calgarians for Heritage Districts, Heritage Calgary, and the City of Calgary Heritage Planning Department. A total of 120 buildings in our community met the criteria to be included in this survey. The information has been added to the City's database of heritage sites and will eventually be reviewed for inclusion on Calgary's Inventory of Evaluated Historic Resources.

We have been working toward the preservation of the Ogden Block at 7044 Ogden Road. This building had been scheduled for demolition in the fall of 2021. This structure was originally built as the Hong Lee Laundry in 1914. From about 1916-19, it was used as an extension hospital for the Ogden Military Convalescent Hospital, which was housed in the former Ogden Hotel up the street. The Ogden Block was added to the City's Inventory of Evaluated Historic Resources in December, and is identified as a "rare and early commercial Edwardian building", as well as a "rare, extant example of pre-First World War main street development". Although the building has been identified as historically significant, its future remains uncertain due to space constraints behind it where the Green Line alignment is to go. At this point, the Province is looking into what can be done to preserve this important piece of our community's history.



We plan on submitting a column to the MOCA newsletter each month, highlighting an important heritage building each time. We have a number of other exciting projects in mind for the future as well, and are always looking for interested community members to join us. If you would like to help preserve the heritage of our community, please get in touch! Email the Ogden Heritage Group at bonnylynn98@gmail.ca.



Grab & Go Breakfast

MON-FRI 7:30AM-8:30AM

May 2- June 31

FREE BREAKFAST

Come to YCC for free hot breakfast on
your way to school!
OPEN TO ALL SCHOOL AGED KIDS

7400 23 ST SE, CALGARY, AB T2C 0X9

@YOUTHCENTREOGDEN
INFO@YOUTHCENTRESOFCALGARY.COM

Thank You!

We would like to give a warm "thank you" to the Lion's Southridge Lion's Club for making a generous donation to our community. This donation will go towards the expansion project of the Millican-Ogden Community Center.

Thank you for your generosity to our ever-growing community center. We couldn't have done it without you!



**MILLICAN-OGDEN
COMMUNITY ASSOCIATION**

Mother's Day Lunch Baking & Craft Sale

- For Bake sale and Craft sale – proceeds go to support The Ogden House.
- If you would like to sell your own Artwork and crafts, you can set up in the sale. In order to do so you need to rent a table for the cost of \$25.00.
- Call 403-279-2003 Ext - 202 for table bookings before May 4th.

May 6 / 2022
10:00AM - 1:30PM
Tickets - \$5.00

LOCATED @ OGDEN
SENIORS HOUSE

2102 69 AVE SE,
CALGARY, AB T2C 3Y4

We will be providing
sandwiches and cake
for lunch

MAY 14 & 15

18th ST & 69th Ave SE
LYNNWOOD / OGDENCOMMUNITY
GARDEN BUILD

WE NEED YOUR HELP!

WE ARE LOOKING FOR VOLUNTEERS TO HELP ASSEMBLE
GARDEN BOXES AND FILL THEM WITH DIRT.TO VOLUNTEER, DONATE RESOURCES OR HELP FINANCIALLY,
PLEASE HEAD TO OUR WEBSITE OR SEND US AN EMAIL.COMMUNITY
GARDEN

Last month's update was all about fundraising, and we've got good news on that front: we've been awarded a grant from the TD Friends of the Environment Foundation which puts us in a position to begin building the garden this month! You might have seen the sign we put up at the corner of 18th Street and 69th Avenue, this will be the future site of the garden. Here's how you can get involved:

1. Help build the garden

We have the funds to buy materials, but those raised beds aren't going to build themselves. We're looking for volunteers willing to help us assemble the raised beds and fill them with soil. Our build weekend is going to be May 14th and 15th (mark those dates in your calendar). We'll provide the raw materials, food, and refreshments; you just need to provide the labour.

If you're interested in helping build the garden, sign up at: <https://www.locg.ca/volunteer>

2. Rent a garden bed

If you're interested in renting a bed this summer, we are taking reservations now. We are not accepting payments yet, but once the boxes are built, gardeners will be required to sign a rental agreement, pay the rental fee and hold a MOCA membership. Pricing will be:

- 8' x 4' boxes are \$45 per season

- 4' x 4' boxes are \$22.50 per season

If you're interested in renting, reserve your garden bed today at: <https://www.locg.ca/rent>

3. Donate towards the next stages of construction

We've raised enough money to build the raised beds, but that's only a small component of our overall plans for the garden. The next goal we've set our eyes on is building a fence around the garden to discourage pests from enjoying the buffet everyone will be planting in their raised beds. If you want to contribute towards the construction of the fence, donate today at: <https://www.locg.ca/donate>

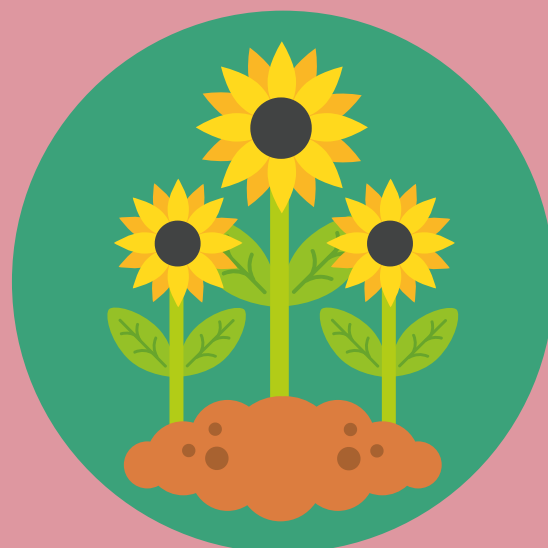
That's it for this month, it's going to be busy but we aren't far from getting our hands in the soil and planting. As always, see our website at <https://www.locg.ca> for news and updates.

GARDENING TIPS

It's that time of year! May is a great month for planning out how you want your garden to look, as well as which vegetables and flowers you'll grow. Here are a few tips to help start your garden off on the right track!

Follow the Sun

Before setting up your garden, pay attention to where the sun falls in your yard. Locating your garden's sunny areas is a great first step to starting your garden! Keep in mind that most edible plants require at least 6 hours of sunlight in order to thrive



Stay Close to Water

Another factor to consider is how close your garden will be to a water source. Do you have a hose you can run through your garden? Or will you have to lug around a watering can and make multiple trips to and from your water source?

TIP: not sure if your plants are ready to be watered? Push your finger an inch down into the soil. If it's dry, then it's time to water!

Consider Containers

Can't find suitable space in your yard for an in-ground garden? Consider using containers! You can grow vegetables, fruit trees, herbs, flowers, and many more plants inside containers. It's important to ensure that the containers have holes in the bottom to ensure proper water drainage.





BUSINESS SECTION



Dale Parry
Mortgage Professional
P. 403-875-8851

E. dale.parry@cmlmortgages.com
www.daleparry.ca



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kitchen/bath renovations

hot water tanks - sump installs

fixture installs - garage heaters



leaks - sinks - showers - toilets

furnace install & service - gas lines

Mike

and DRAIN CLEANING!!



403-479-9226

NOW
IS THE BEST TIME
TO SELL YOUR HOUSE

Total Residential Benchmark Price Change for Ogden
compared to last February

↑ 12.4% Y/Y

(Average Benchmark Price, from Feb 2022 over Feb 2021)



Colleen Whelan
Real Estate Team
BLESS THIS HOUSE



www.BlessThisHouse.ca



Contact us today to discuss your real estate goals

COLLEEN WHELAN
REALTOR®
403-471-4234
colleen@blessthishouse.ca

CORINNE MAHER
Real Estate Assistant
403-978-2989
corinne@blessthishouse.ca

- Community Centred
- Service Oriented
- Experienced & Knowledgeable



@BlessThisHouse.ca



@colleen.corinne_realestate

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adults, and seniors!**



Next-level Dental Hygiene
Laser disinfection, ultrasonic
scaling, and the gentlest
hygienists we could find!



Beat Dental Anxiety
Access the care you need
with free dental sedation.

**Find us next to the
Glenmore Inn.**



Invisalign + Orthodontics
Think you or your child
might need braces? Book
a free consultation with
Dr. Jeffrey Ma to find out.



Friends & Family
DENTAL HEALTH

ffdental.ca



**Scan here to
book online!**

Glenmore Inn & Convention Centre



Garden Court Restaurant open daily from
6:30am-2:00pm.

Monday-Friday featuring daily plated lunch
and soup specials.

Saturday & Sunday dinner buffet 5:00pm-
9:00pm.

KIDS EAT FREE every Sunday
evening buffet. 1 child (under 10) will
eat free for each paying adult.



Sunday Brunch 10:00am-
2:00pm.

Elbow Lounge open daily from
2:00pm-10:00pm.

Carving Board Restaurant open
Monday-Friday from 5:00pm-
10:00pm.



Located at 1000 Glenmore Court SE Calgary, Alberta T2C 2E6
Toll Free: (800)661-3163 | (403) 279-8611
Email: reservations@glenmoreinn.com